

# The Adventures of Ms. Stitch Quilt

4x4 5x5 6x6 7x7 8x8



**BLOCK  
OF THE  
WEEK**

**Sweet Pea**  
MACHINE EMBROIDERY

## **BOW Adventures of Ms. Stitch & Mrs. Claus Instructions**

### **Quilt Assembly Instructions**

Below are fabric requirements and instructions on how to construct the 'Adventures of Ms Stitch & Mrs Claus' quilt with the 'Sewing Borders' design.

We've also included fabric requirements for a quilt without the borders.

#### **FABRIC REQUIREMENTS**

##### **4x4 (10cm x 10cm) Hoop**

###### **WITH BORDERS**

**Backing fabric** - 46cm x 56cm (18" x 22") **cut later** – measure your completed quilt front first

**Binding fabric** - 8cm x 2.4m (3" x 2.6 yd) **cut later** – measure your completed quilt front first

###### **WITHOUT BORDERS**

**Backing fabric** - 38cm x 48cm (15" x 19") **cut later** – measure your completed quilt front first

**Binding fabric** - 8cm x 2m (3" x 2.5 yd) **cut later** – measure your completed quilt front first

##### **5x5 (13cm x 13cm) Hoop**

###### **WITH BORDERS**

**Backing fabric** - 56cm x 69cm (22" x 27") **cut later** – measure your completed quilt front first

**Binding fabric** - 8cm x 2.8m (3" x 3.1 yd) **cut later** – measure your completed quilt front first

###### **WITHOUT BORDERS**

**Backing fabric** - 46cm x 59cm (18" x 23") **cut later** – measure your completed quilt front first

**Binding fabric** - 8cm x 3m (3" x 3 yd) **cut later** – measure your completed quilt front first

##### **6x6 (16cm x 16cm) Hoop and 150mm x 150mm Hoop**

###### **WITH BORDERS**

**Backing fabric** - 66cm x 81cm (26" x 32") **cut later** – measure your completed quilt front first

**Binding fabric** - 8cm x 3.2m (3" x 3.5 yd) **cut later** – measure your completed quilt front first

###### **WITHOUT BORDERS**

**Backing fabric** - 53cm x 69cm (21" x 27") **cut later** – measure your completed quilt front first

**Binding fabric** - 8cm x 3m (3" x 3 yd) **cut later** – measure your completed quilt front first

##### **7x7 (18cm x 18cm) Hoop**

###### **WITH BORDERS**

**Backing fabric** - 76cm x 94cm (30" x 37") **cut later** – measure your completed quilt front first

**Binding fabric** - 8cm x 3.7m (3" x 4yd) **cut later** – measure your completed quilt front first

###### **WITHOUT BORDERS**

**Backing fabric** - 58cm x 79cm (23" x 31") **cut later** – measure your completed quilt front first

**Binding fabric** - 8cm x 3.2m (3" x 3.5 yd) **cut later** – measure your completed quilt front first

##### **8x8 (20cm x 20cm) Hoop**

###### **WITH BORDERS**

**Backing fabric** - 84cm x 104cm (33" x 41") **cut later** – measure your completed quilt front first

**Binding fabric** - 8cm x 4.1m (3" x 4.5 yd) **cut later** – measure your completed quilt front first

###### **WITHOUT BORDERS**

**Backing fabric** - 69cm x 89cm (27" x 35") **cut later** – measure your completed quilt front first

**Binding fabric** - 8cm x 3.7m (3" x 4 yd) **cut later** – measure your completed quilt front first



**Finished Dimensions of full quilt with borders (approx.):**

**4x4** – 41cmW x 51cmL (16" x 20")

**5x5** – 51cmW x 64cmL (20" x 25")

**6x6** – 61cmW x 76cmL (24" x 30")

**7x7** – 71cmW x 89cmL (28" x 35")

**8x8** – 53cmW x 99cmL (21" x 39")

**Finished Dimensions of full quilt without borders (approx.):**

**4x4** – 33cmW x 43cmL (13" x 17")

**5x5** – 41cmW x 53cmL (16" x 21")

**6x6** – 48cmW x 64cmL (19" x 25")

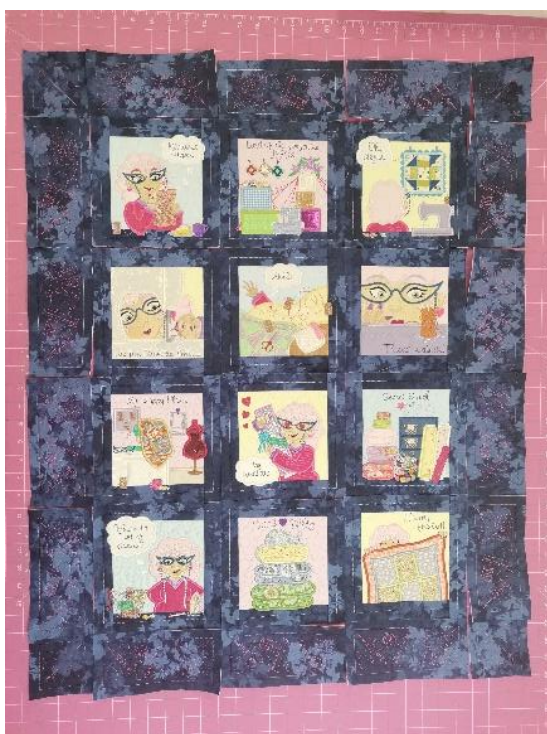
**7x7** – 56cmW x 74cmL (22" x 29")

**8x8** – 64.5cmW x 84cmL (25" x 33")

**USING YOUR REGULAR SEWING MACHINE:**

**JOINING THE QUILT BLOCKS**

Lay out your blocks on a flat surface and decide on your layout.



Start by joining the quilt blocks in rows. Place the first two blocks **right sides** together.



Pin and stitch the side seam on your sewing machine. Stitch just inside the outer border line that is already stitched on the blocks, so the stitching will not be seen on the right side later.



Continue this until you have joined the remaining blocks in that row together.



Continue this until you have each horizontal row of blocks joined. Open out the stitched seams and iron flat.





Next, join the horizontal rows to each other by placing the first two rows right sides together. Pin and stitch the seams on your sewing machine. Stitch just inside the border already stitched on the blocks, so the stitching will not be seen on the right side later.



Open out the stitched seams and iron flat.



Continue this until you have joined all the horizontal rows together. If needed, trim the edges to make them even.



## **ADDING THE BACKING**

Place your backing fabric wrong side up on top of your work surface.

Then place the quilt you have just made right side up on top of the backing fabric (wrong sides together). **Optional** – you can lightly spray your backing down to your quilt to stay in place while attaching the backing. Alternatively, you can baste stitch the backing to the quilt before completing your stitch in the ditch. Place safety pins approximately four inches apart across the whole front of the quilt, going through all layers. This will keep all layers together while you ‘stitch in the ditch.’



**NOTE:** Stitching in the ditch is an invisible finish on the front, and the stitching lines are only visible on the backside of the runner. **Ensure the bobbin thread on the underside of the quilt matches the fabric and the top thread on the top of the quilt is invisible thread.**



Decide which seams need ditch stitching on the quilt. Not every seam needs to be stitched; choosing the main seams to hold the central blocks flat is acceptable.

**Optional** - Edge baste all the edges around the quilt, sandwiching all layers using a 1/4" (6mm) seam with a long stitch. (This helps keep everything in place when attaching the backing).

Once this is done, trim the excess backing fabric to match the quilt's exact shape.

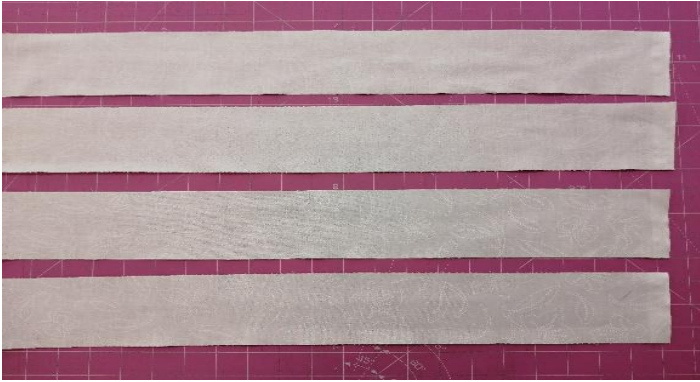




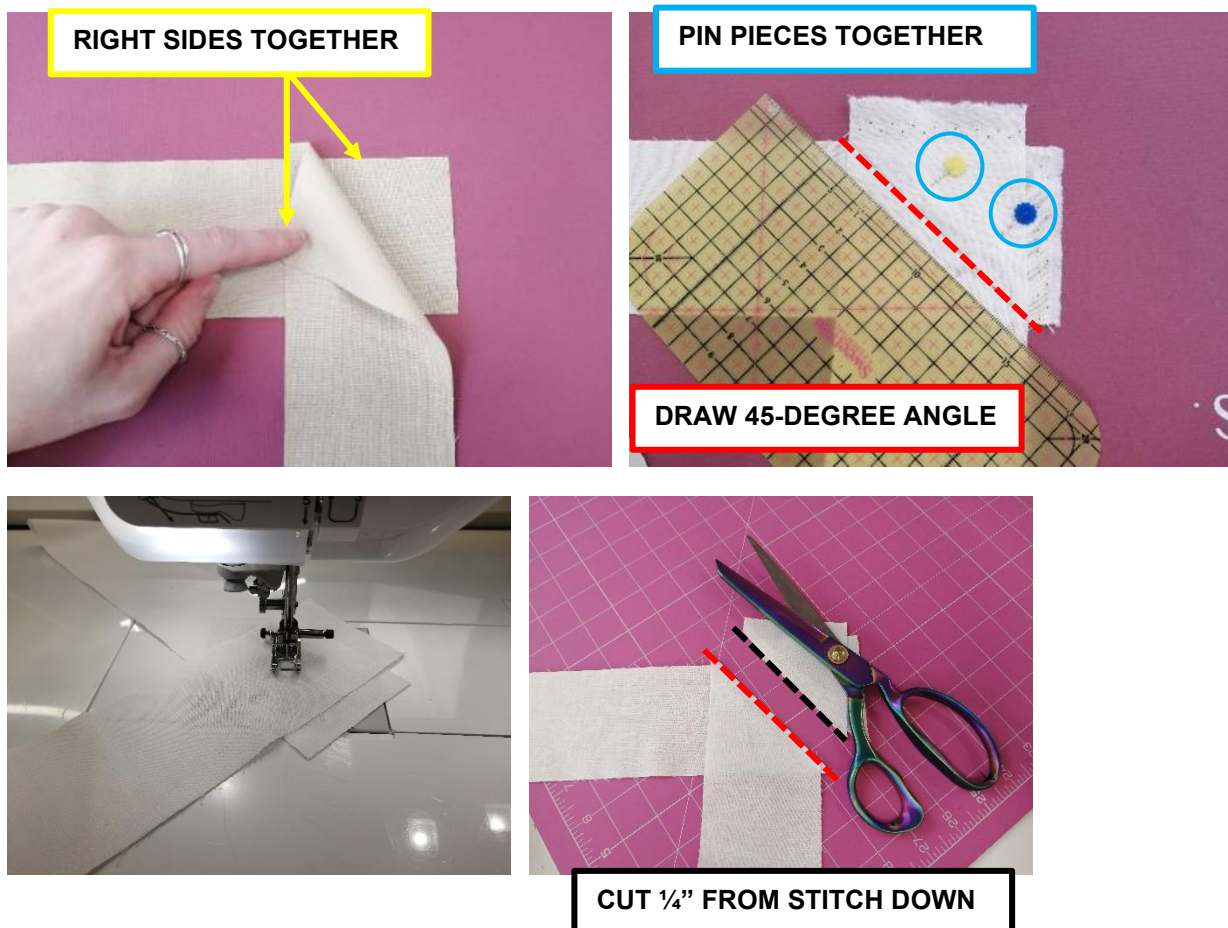
## **PREPARE THE BINDING**

Use your preferred way of adding the binding to the outer edges of your quilt or follow our method of making a binding.

To make the binding, measure the quilt's length and width, add them together, and then multiply by two. Cut a long strip of fabric this length (if you are cutting one piece of fabric this length, add about an extra 12-16 inches (30-40cm) to the length just to be sure you have enough fabric in the end), or cut a few strips and join them together with your sewing machine as shown. Add extra length if you are joining strips - about 4" (10cm) per strip. (The width is optional, but we usually find 3" (8cm) wide sufficient.)



**JOINING STRIPS** - Lay the ends of your fabric strips **right sides** together as shown, sew a diagonal seam from corner to corner (45-degree angle), trim the corner, and repeat until all the binding strips are sewn together into one long strip.



Press the seam open.



Then fold the whole strip in half, **wrong sides** together and iron down.



Lay out your binding fabric and unfold one end. Fold that open end of the binding to a 45-degree angle, as shown below, and lightly press. Open up the fold again and trim your fabric  $\frac{1}{4}$ " from the 45-degree angle fold.





Fold the binding strip in half again, as shown below.



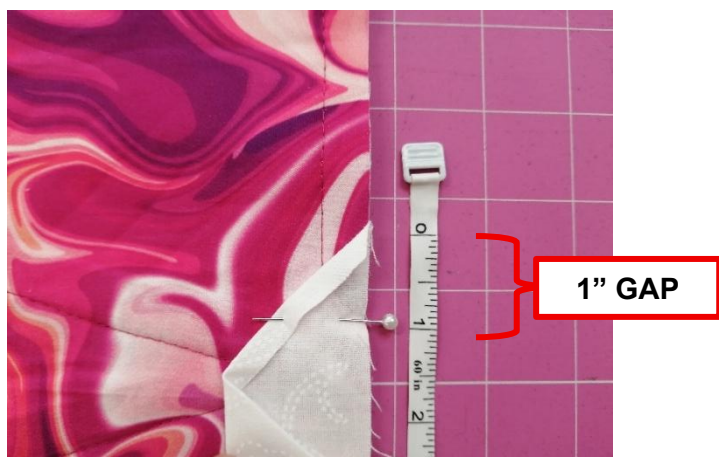
Check to see if enough binding has been made. Each corner uses 1" of binding, and there needs to be at least 8" (20cm) overlap for finishing.

### **ADDING THE BINDING**

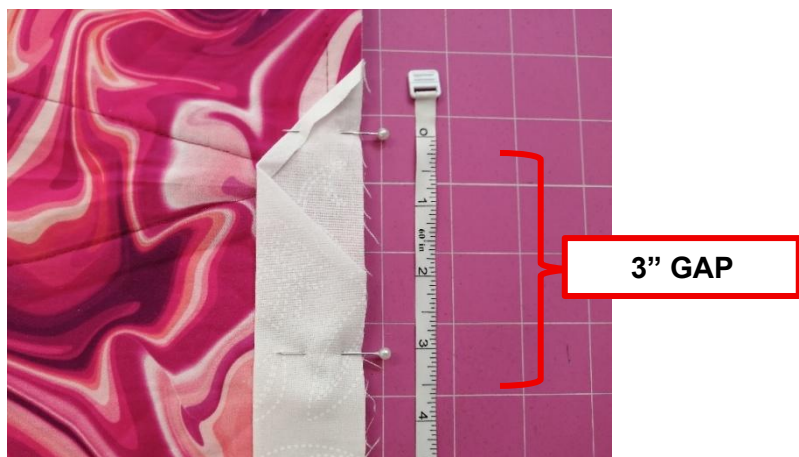
You can work from either the front of the quilt or the back of the quilt.

Match the raw edges of the quilt and the binding to the desired starting location (with your quilt **RIGHT/WRONG SIDE UP**, start about halfway along one side).

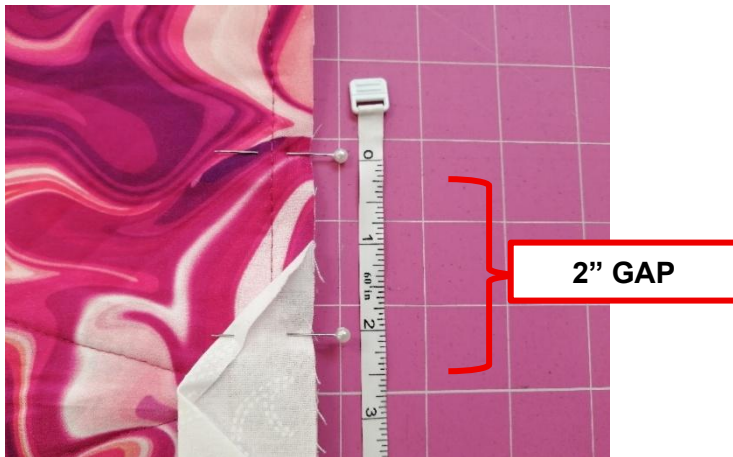
Using a ruler, mark one inch (2.5cm) down from the end of the strip—Mark with a pin.



Using a ruler, mark three inches (8cm) down from the one-inch (2.5cm) mark. Mark with a second pin.



At this time, we also marked a two-inch (5cm) gap above the first pin. Once we have sewn around the quilt, this pin will signal when to stop stitching.



Using a 3/8" (10mm) seam, stitch one inch (2.5cm) of the open fold onto the quilt and stop stitching when you get to the one inch (2.5cm) mark.



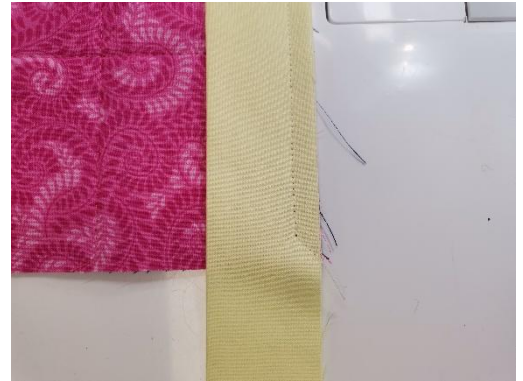
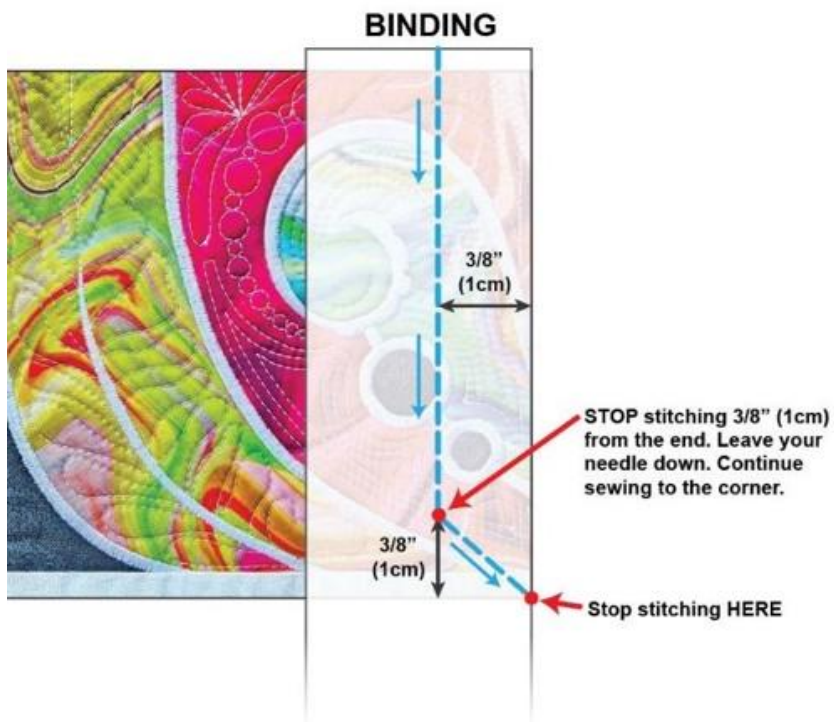
Then leave a three-inch (8cm) gap (this will provide an opening to insert the end of the binding fabric when we have completed the sewing). Then start stitching again at the three-inch (8cm) mark.

Continue sewing until you reach the first corner and stop stitching 3/8" (10mm) from the end but keep your needle down. Lift your foot and turn your quilt (with your needle still down). Continue stitching to the corner.





## DIAGRAM BELOW

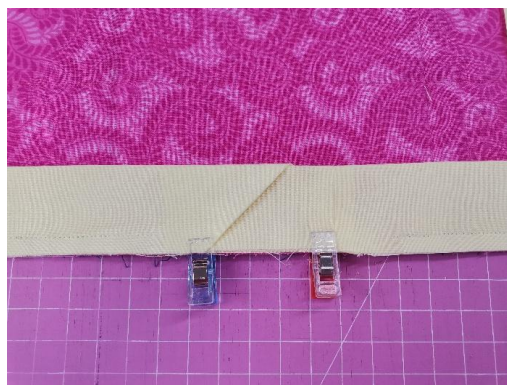
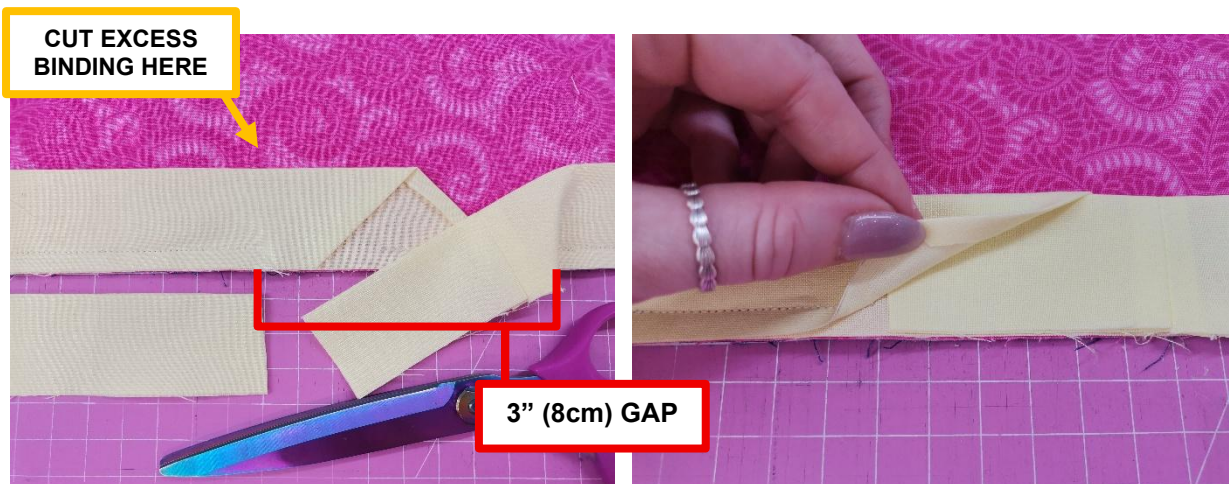


Lift the binding strip over and pull against that angled stitch we just made to form a diagonal fold. Then fold the binding strip back down, creating a fold at the top. Pin and start stitching again until you reach the side of the quilt that you started on, mitring the corners as you go.



Stop stitching when you reach the pin that marks the two inches (5cm) from the starting point.

Fold the remaining binding to sit just above the three-inch (8cm) mark. Trim the excess binding, leaving enough to slip into the fold. Trim a 1/8" (2-3mm) off the raw edge of the binding for a good one inch (2-3cm). Place the end of the binding fabric into the pocket created at the start of the binding process. Pin in place. Continue to stitch the seam until the binding is completely sewn on.



Fold back the binding and iron the seams flat.



Now turn the quilt over so you are working on the **BACK/FRONT** of the quilt. We recommend starting at the corner of the quilt. Fold in one side of the corner **JUST** past the stitching and iron well. Pin/clip in place. This will help get a nice, pointed corner.





Then continue folding, ironing, and pinning/clipping around the remaining binding to the **BACK/FRONT** of the quilt, **JUST** past the stitching.



Start stitching anywhere on the quilt from the front/back using either the 'edgestitch' or 'stitch in the ditch' method.



When you reach the corner, leave your needle down, lift the foot, and rotate the quilt. Put your foot down and continue stitching this way until you are right around the quilt.



Press. Enjoy your quilt!