# Cardinal Blocks or Coasters

THREAD COLOUR CHART INCLUDED





4x4 5x5 6x6 7x7 8x8

Sweet Pea
MACHINE EMBROIDERY

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## Cardinal Blocks or Coasters 4x4 5x5 6x6 7x7 8x8 Instructions

*This design has an accompanying colour chart.*

*You can make your cardinals into normal quilt blocks by omitting the last "adding the backing" step.*

**FABRIC REQUIREMENTS**

**4x4 (10cm x 10cm) Hoop**
**ALL COASTERS**
**Fabric A -** 10cm x 10cm (4" x 4") background
**Fabric B – cut 2 -** 10cm x 4cm (4" x 1.5") top and bottom borders
**Fabric C – cut 2 –** 4cm x 15cm (1.5" x 6") left and right borders
**Fabric D –** 5cm x 8cm (2" x 3") cardinal
**Optional: Fabric E -** 15cm x 15cm (6" x 6") backing

**Batting -** 15cm x 15cm (6" x 6") one for each panel

**5x5 (13cm x 13cm) Hoop**
**ALL COASTERS**
**Fabric A -** 14cm x 14cm (5.5" x 5.5") background
**Fabric B – cut 2 -** 14cm x 4cm (5.5" x 1.5") top and bottom borders
**Fabric C – cut 2 -** 4cm x 18cm (1.5" x 7") left and right borders
**Fabric D –** 6.5cm x 9cm (2.5" x 3.5") cardinal
**Optional: Fabric E -** 18cm x 18cm (7" x 7") backing

**Batting -** 18cm x 18cm (7" x 7") one for each panel

**6x6 (16cm x 16cm) Hoop**
**ALL COASTERS**
**Fabric A -** 15cm x 15cm (6" x 6") background
**Fabric B – cut 2 -** 15cm x 5cm (6" x 2") top and bottom borders
**Fabric C – cut 2 -** 5cm x 20cm (2" x 8") left and right borders
**Fabric D –** 6.5cm x 10cm (2.5" x 4") cardinal
**Optional: Fabric E -** 20cm x 20cm (8" x 8") backing

**Batting -** 20cm x 20cm (8" x 8") one for each panel

**7x7 (18cm x 18cm) Hoop**
**ALL COASTERS**
**Fabric A -** 18cm x 18cm (7" x 7") background
**Fabric B – cut 2 -** 18cm x 6.5cm (7" x 2.5") top and bottom borders
**Fabric C – cut 2 –** 6.5cm x 23cm (2.5" x 9") left and right borders
**Fabric D –** 8cm x 10cm (3" x 4") cardinal
**Optional: Fabric E -** 23cm x 23cm (9" x 9") backing

**Batting -** 23cm x 23cm (9" x 9") one for each panel

**8x8 (20cm x 20cm) Hoop**
**ALL COASTERS**
**Fabric A -** 19cm x 19cm (7.5" x 7.5") background
**Fabric B – cut 2 -** 19cm x 6.5cm (7.5" x 2.5") top and bottom borders
**Fabric C – cut 2 –** 6.5cm x 25cm (2.5" x 10") left and right borders
**Fabric D –** 8cm x 12cm (3" x 4.5") cardinal
**Optional: Fabric E -** 25cm x 25cm (10" x 10") backing

**Batting -** 25cm x 25cm (10" x 10") one for each panel

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**NOTE: If you have decided to do this project with Leather, Faux Leather, Vinyl, Cork, PVC (clear plastic) or any combination of these, please refer to our guide with extra tips on how to use these materials here - https://swpea.com.au/blogs/machine-embroidery-blogs/tips-when-using-pu-leather-in-machine-embroidery**

**Sweet Pea Machine Embroidery Designs Design Files Disclaimer-**
Please note to customers who use embroidery software to open our files. In doing so, you may run the risk of the design not stitching as intended by our digitiser's instructions.

We highly recommend that any design file purchased from us be downloaded as per our "how to download our designs" instructions on our website, placed directly onto a USB/memory card, and then placed directly onto the embroidery machine.

We will not be obligated to compensate customers who have put our files through their software and the resulting stitch-out was not as intended.

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**INSTRUCTIONS - USING YOUR EMBROIDERY MACHINE:**

**For tips on how to correctly hoop your stabiliser, go to https://swpea.com/blogs/machine-embroidery-blogs/tips-for-stabiliser-in-the-hoop**

## FEMALE FLYING CARDINAL

Hoop up **cutaway stabiliser** in the hoop. Load design onto your machine. Use applique scissors to trim the applique.

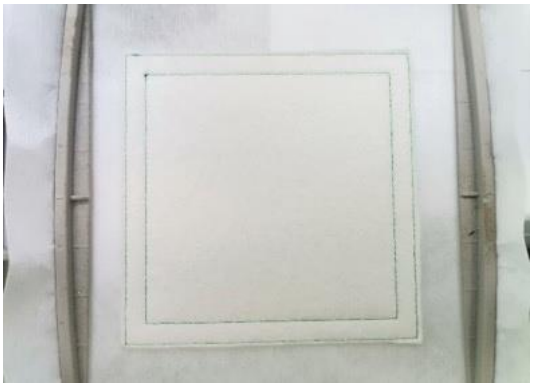


**STEP 1** Place **Batting** on top of the hoop. Stitch the batting down. Remove the hoop from your machine and trim the batting about 1-2mm from the stitching.

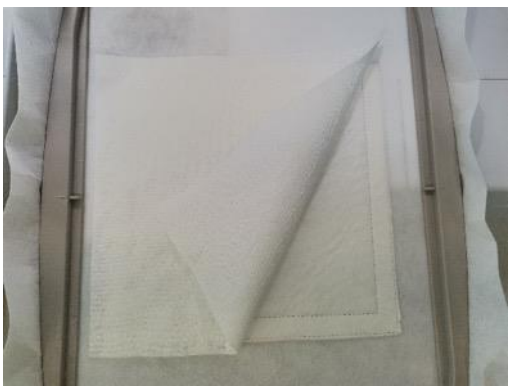


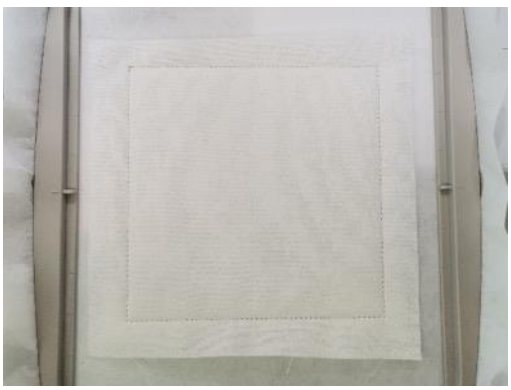


**STEP 2** Stitch the placement line for **Fabric A.**



**STEP 3** Place **Fabric A** right side up on top of the hoop covering the placement line. Stitch down.



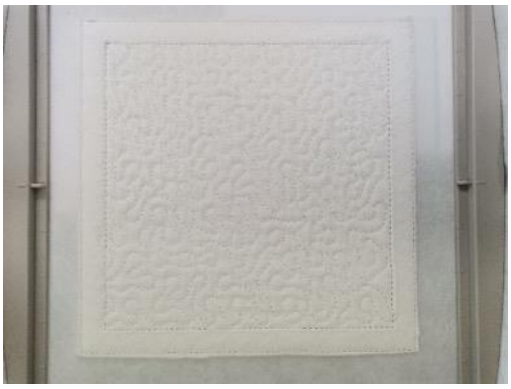


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Remove the hoop from your machine and trim the fabric about 1-2mm from the stitching.



**STEP 4** Embroider the stippling on **Fabric A.**



**STEP 5** Using the top trimmed edge of **Fabric A** as a placement line, place one piece **Fabric B** **wrong** side up crossing the placement line by ¼" with excess fabric towards the bottom of the hoop. Stitch down.





**STEP 6** Fold the fabric over, **hold taut** and stitch down. Trim, leaving the excess fabric in the seam.





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**STEPS 7 & 8** Repeat the flip and fold technique using the other piece of **Fabric B** for the bottom border using the bottom trimmed edge of **Fabric A** as a placement line and the excess fabric towards the top of the hoop. Trim, leaving the excess fabric in the seam.



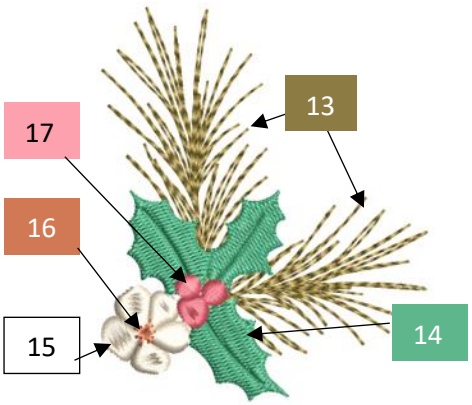

**STEPS 9 & 10** Repeat the flip and fold technique using one piece of **Fabric C** for the left border using the left trimmed edge of **Fabric A** as a placement line and the excess fabric towards the right of the hoop. Do not trim.




**STEPS 11 & 12** Repeat the flip and fold technique using the other piece of **Fabric C** for the right border using the right trimmed edge of **Fabric A** as a placement line and the excess fabric towards the left of the hoop. Do not trim.




**STEP 13-17** Embroider the foliage as per below diagram.





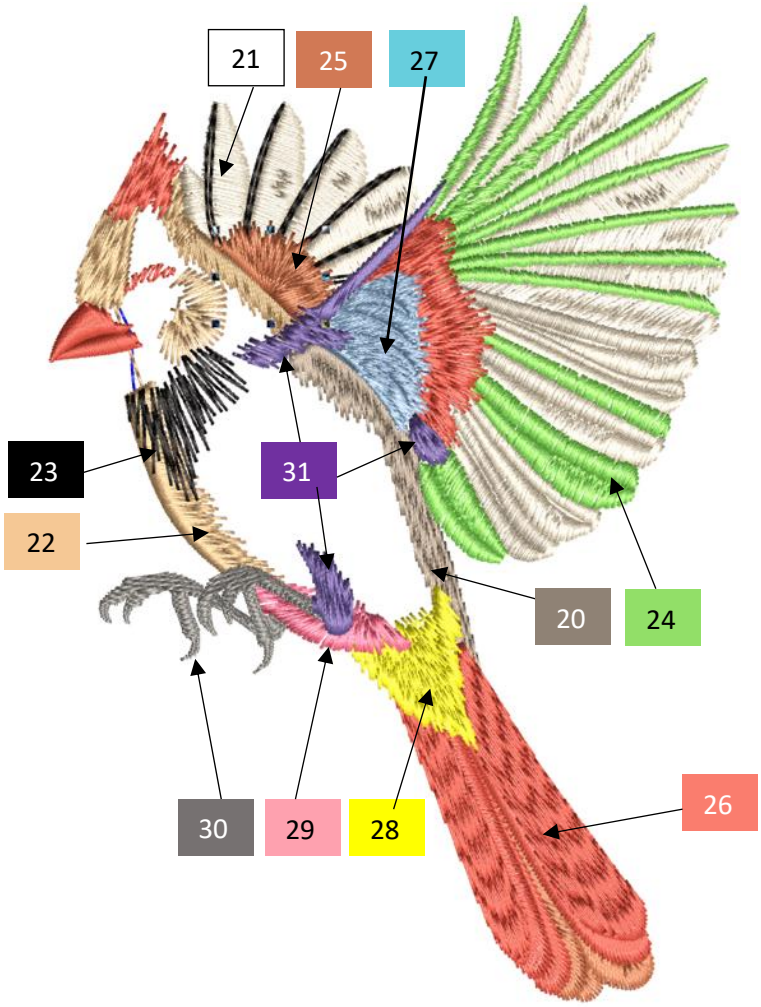

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**STEPS 18 & 19** Repeat the applique process for cardinal using **Fabric D.** Trim.





**STEP 20-31** Embroider most of the female cardinal as per below diagram. (All elements of the same colour stitch at the same time) Colours for diagram purposes.




REALISTIC COLOURS
(see attached colour chart)





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**STEP 32-35** Embroider the eye area as per below diagram.



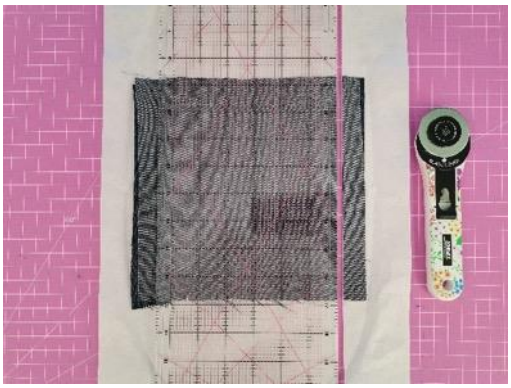



Remove from the hoop and trim the seams to about ½ an inch.

**STEP 36** Place **Fabric D** (backing) on top of the hoop wrong side up. Stitch down. It will stitch a single stitch then go right into the triple stitch. It will leave an opening for turning.




Remove from the hoop. Trim the seams to about ¼ inch, leaving ½" along the opening and clip the corners.




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Turn the right way out. Use a pointy implement such as “That Pink Thang” to help push out the corners. Iron.



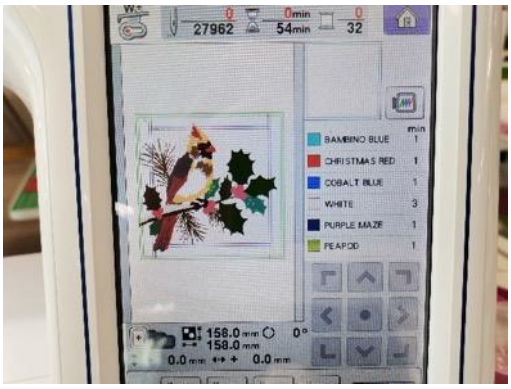


Hand stitch or glue the opening closed. Your coaster is now finished.



## FEMALE SITTING CARDINAL

Hoop up **cutaway stabiliser** in the hoop. Load design onto your machine. Use applique scissors to trim the applique.

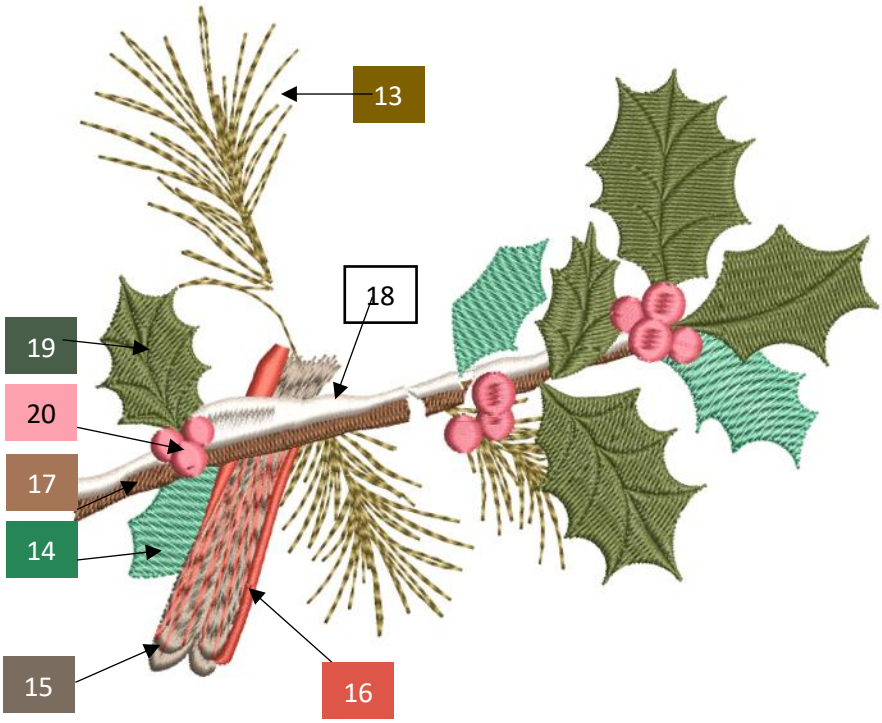



## REPEAT STEPS 1-12 FROM THE FEMALE FLYING CARDINAL.



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**STEP 13-18** Embroider the branch and foliage as per below diagram. (All elements of the same colour stitch at the same time) The snow (step 15) is optional.





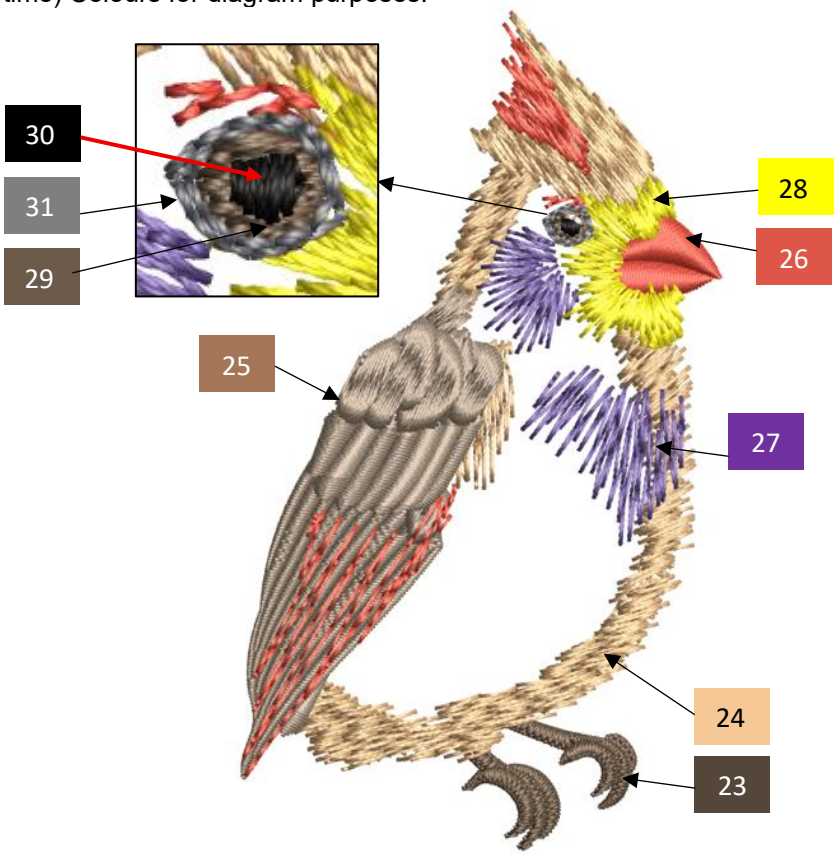

**STEPS 21 & 22** Repeat the applique process for cardinal using **Fabric B.** Trim.





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**STEP 23-31** Embroider the cardinal as per below diagram. (All elements of the same colour stitch at the same time) Colours for diagram purposes.




REALISTIC COLOURS
(see attached colour chart)





Remove from the hoop and trim the seams to about ½ an inch.

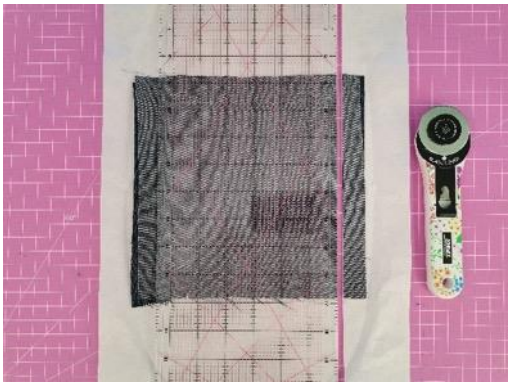
**STEP 32** Place **Fabric D** (backing) on top of the hoop wrong side up. Stitch down. It will stitch a single stitch then go right into the triple stitch. It will leave an opening for turning.





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Remove from the hoop. Trim the seams to about ¼ inch, leaving ½” along the opening and clip the corners.





Turn the right way out. Use a pointy implement such as “That Pink Thang” to help push out the corners.
Iron.





Hand stitch or glue the opening closed. Your coaster is now finished.



## MALE FLYING CARDINAL

Hoop up **cutaway stabiliser** in the hoop. Load design onto your machine. Use applique scissors to trim the applique.

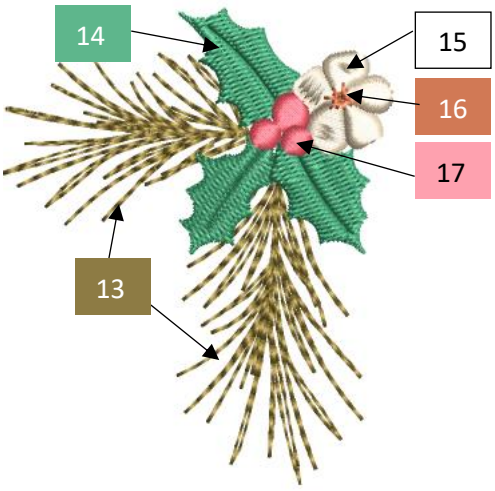



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**REPEAT STEPS 1-12 FROM THE FEMALE FLYING CARDINAL.**



**STEP 13-17** Embroider the foliage as per below diagram.





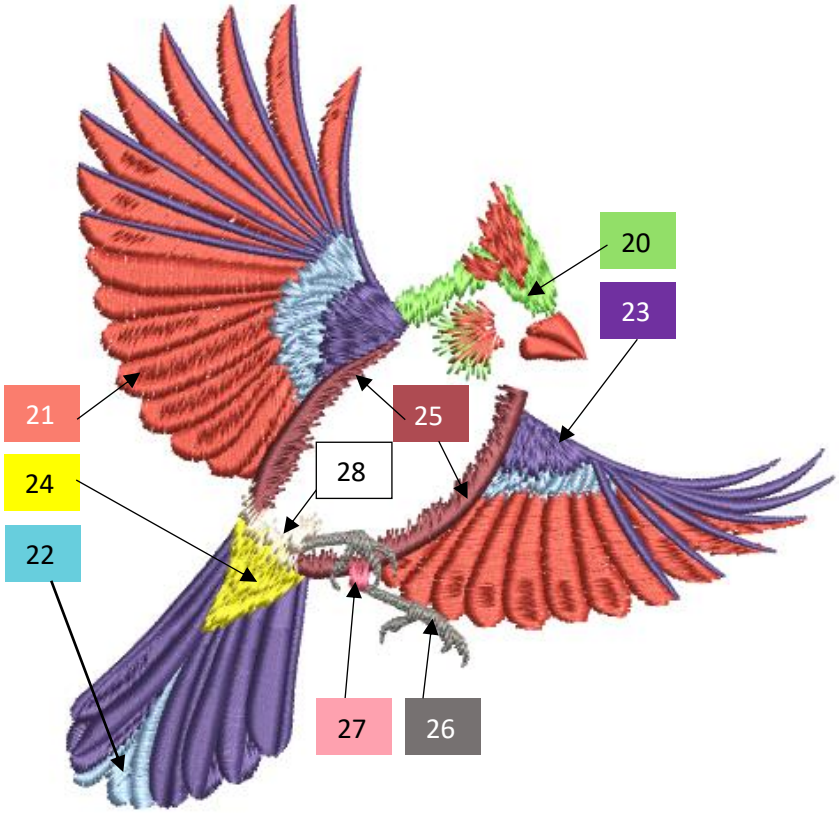

**STEPS 18 & 19** Repeat the applique process for cardinal using **Fabric D.** Trim.





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**STEP 20-28** Embroider most of the male cardinal as per below diagram. (All elements of the same colour stitch at the same time) Colours for diagram purposes.



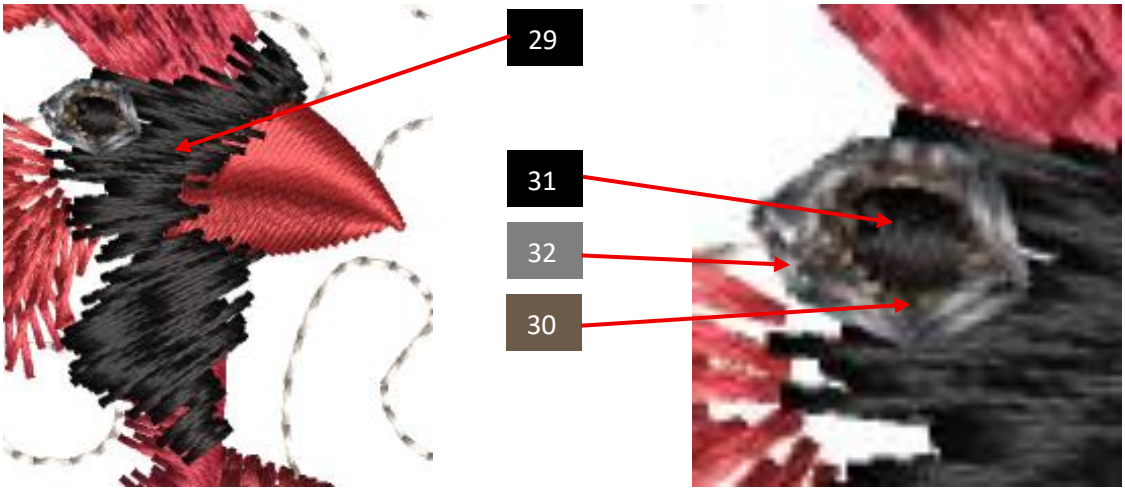

REALISTIC COLOURS
(see attached colour chart)







**STEP 29-32** Embroider the rest of both cardinals (eye area) as per below diagram.




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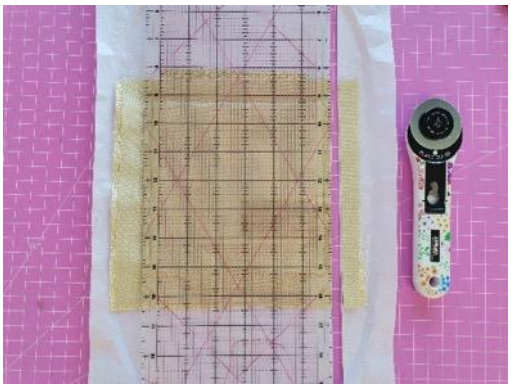
Remove from the hoop and trim the seams to about ½ an inch.

**STEP 33** Place **Fabric D** (backing) on top of the hoop wrong side up. Stitch down. It will stitch a single stitch then go right into the triple stitch. It will leave an opening for turning.





Remove from the hoop. Trim the seams to about ¼ inch, leaving ½" along the opening and clip the corners.





Turn the right way out. Use a pointy implement such as "That Pink Thang" to help push out the corners. Iron.





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Hand stitch or glue the opening closed. Your coaster is now finished.



## MALE SITTING CARDINAL

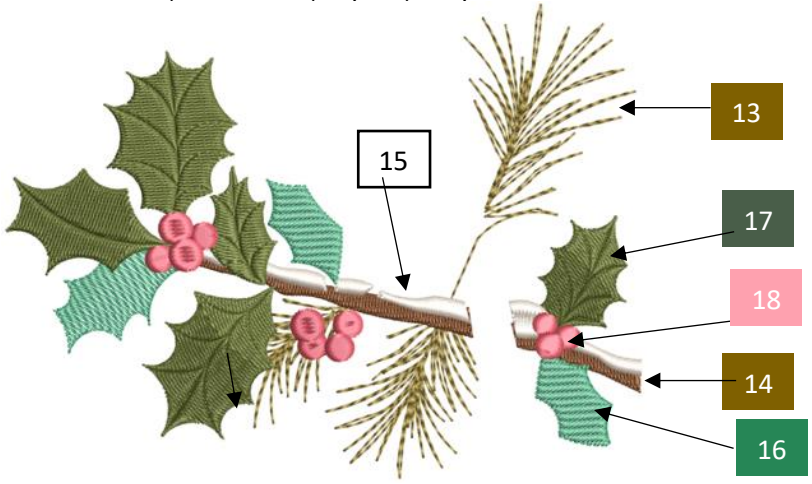
Hoop up **cutaway stabiliser** in the hoop. Load design onto your machine. Use applique scissors to trim the applique.




## REPEAT STEPS 1-12 FROM THE FEMALE FLYING CARDINAL.



**STEP 13-18** Embroider the branch and foliage as per below diagram. (All elements of the same colour stitch at the same time) The snow (step 15) is optional.





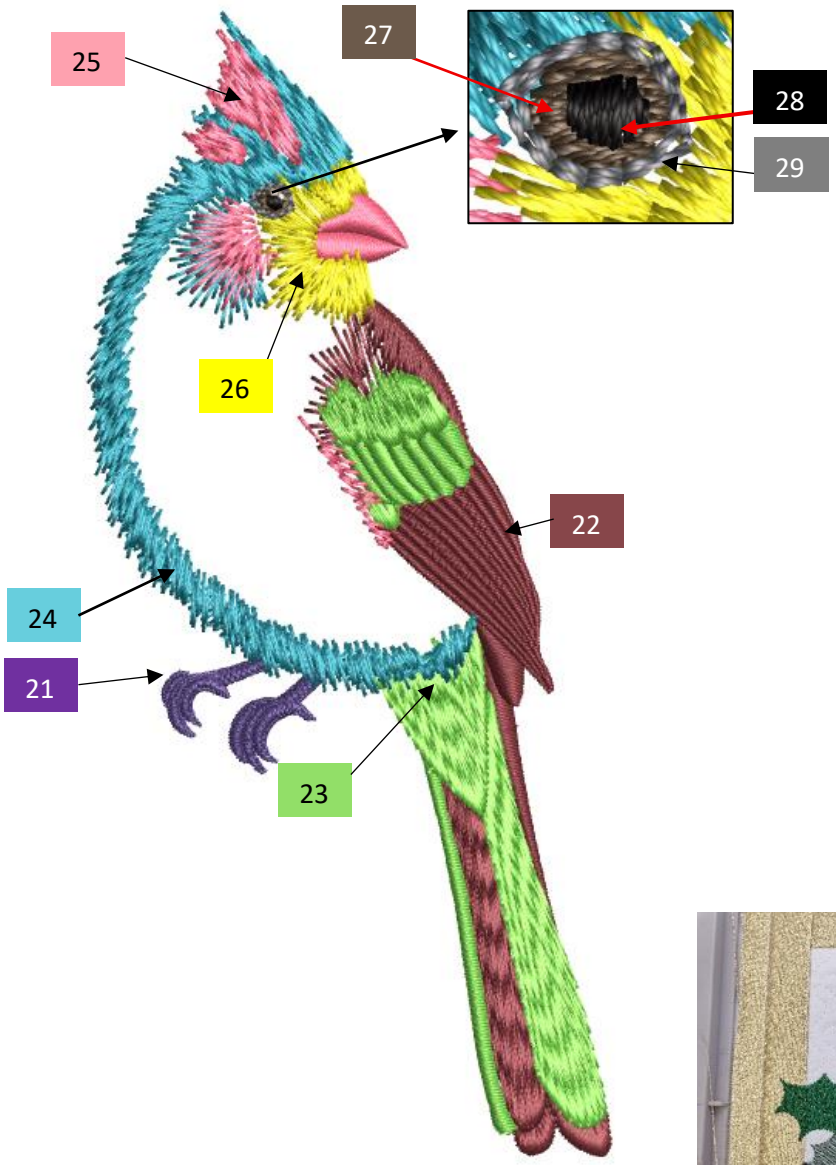

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**STEPS 19 & 20** Repeat the applique process for cardinal using **Fabric B.** Trim.





**STEP 21-29** Embroider the cardinal as per below diagram. (All elements of the same colour stitch at the same time) Colours for diagram purposes.









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Remove from the hoop and trim the seams to about ½ an inch.

**STEP 30** Place **Fabric D** (backing) on top of the hoop wrong side up. Stitch down. It will stitch a single stitch then go right into the triple stitch. It will leave an opening for turning.




Remove from the hoop. Trim the seams to about ¼ inch, leaving ½" along the opening and clip the corners.




Turn the right way out. Use a pointy implement such as "That Pink Thang" to help push out the corners. Iron.




Hand stitch or glue the opening closed. Your coaster is now finished.



Your Cardinal Blocks or Coasters are now complete, enjoy!

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