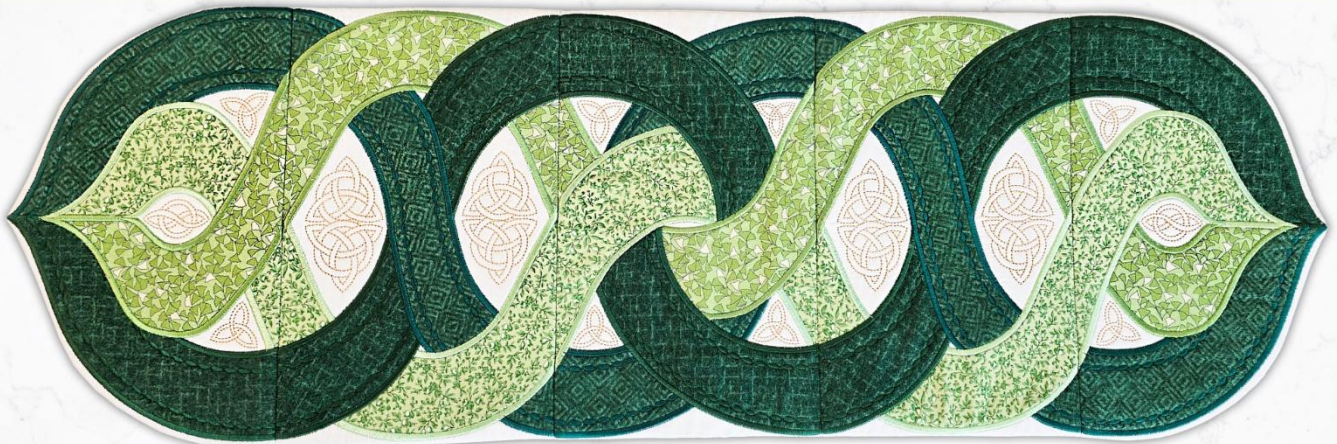


Celtic Braided Runner

5x7 6x10 8x12



Sweet Pea
MACHINE EMBROIDERY

Celtic Braided Runner 5x7 6x10 8x12 Instructions

FABRIC REQUIREMENTS

5x7 (13cm x 18cm) Hoop

END PANEL LEFT

Fabric A - 18cm x 23cm (7" x 9") background

Fabric B - 15cm x 12cm (6" x 4.5") bottom large strip (see image below)

Fabric C - 15cm x 12cm (6" x 4.5") top large strip (see image below)

Fabric D - 14cm x 13cm (5.5" x 5") top middle strip (see image below)

Fabric E - 14cm x 13cm (5.5" x 5") bottom middle strip (see image below)

END PANEL RIGHT

Fabric A - 18cm x 23cm (7" x 9") background

Fabric B - 15cm x 12cm (6" x 4.5") top large strip (see image below)

Fabric C - 15cm x 12cm (6" x 4.5") bottom large strip (see image below)

Fabric D - 14cm x 13cm (5.5" x 5") bottom middle strip (see image below)

Fabric E - 14cm x 13cm (5.5" x 5") middle strip (see image below)

MIDDLE 1 PANEL

Fabric A - 18cm x 23cm (7" x 9") background

Fabric B - 8cm x 24cm (3" x 9.5") middle strip (see image below)

Fabric C - 8cm x 27cm (3" x 10.5") strip behind middle strip (see image below)

Fabric D - 18cm x 12cm (7" x 4.5") bottom strip (see image below)

Fabric E - 18cm x 12cm (7" x 4.5") top strip (see image below)

MIDDLE 2 PANEL

Fabric A - 18cm x 23cm (7" x 9") background

Fabric B - 14cm x 9cm (5.5" x 3.5") top strip behind (see image below)

Fabric C - 14cm x 9cm (5.5" x 3.5") bottom strip behind (see image below)

Fabric D - 18cm x 13cm (7" x 5") middle top strip (see image below)

Fabric E - 18cm x 13cm (7" x 5") middle bottom strip (see image below)

Fabric F - 15cm x 12cm (6" x 4.5") top strip (see image below)

Fabric G - 15cm x 12cm (6" x 4.5") bottom strip (see image below)

Batting 1 - 18cm x 23cm (7" x 9") cut one for each panel

REST OF THE RUNNER

Fabric H - 25cm x 71cm (10" x 28") backing (based on 5 panels) – cut later (measure your joined panels first)

6x10 (16cm x 26cm) Hoop

END PANEL LEFT

Fabric A - 20cm x 30cm (8" x 12") background

Fabric B - 18cm x 15cm (7" x 6") bottom large strip (see image below)

Fabric C - 18cm x 15cm (7" x 6") top large strip (see image below)

Fabric D - 17cm x 18cm (6.5" x 7") top middle strip (see image below)

Fabric E - 17cm x 18cm (6.5" x 7") bottom middle strip (see image below)

END PANEL RIGHT

Fabric A - 20cm x 30cm (8" x 12") background

Fabric B - 18cm x 15cm (7" x 6") top large strip (see image below)

Fabric C - 18cm x 15cm (7" x 6") bottom large strip (see image below)

Fabric D - 17cm x 18cm (6.5" x 7") bottom middle strip (see image below)

Fabric E - 17cm x 18cm (6.5" x 7") top middle strip (see image below)

MIDDLE 1 PANEL

Fabric A - 20cm x 30cm (8" x 12") background

Fabric B - 9cm x 32cm (3.5" x 12.5") middle strip (see image below)

Fabric C - 9cm x 32cm (3.5" x 12.5") strip behind middle strip (see image below)

Fabric D - 20cm x 17cm (8" x 6.5") bottom strip (see image below)

Fabric E - 20cm x 17cm (8" x 6.5") top strip (see image below)

MIDDLE 2 PANEL

Fabric A - 20cm x 30cm (8" x 12") background

Fabric B - 15cm x 12cm (6" x 4.5") top strip behind (see image below)

Fabric C - 15cm x 12cm (6" x 4.5") bottom strip behind (see image below)

Fabric D - 20cm x 17cm (8" x 6.5") middle top strip (see image below)

Fabric E - 20cm x 17cm (8" x 6.5") middle bottom strip (see image below)

Fabric F - 17cm x 15cm (6.5" x 6") top strip (see image below)

Fabric G - 17cm x 15cm (6.5" x 6") bottom strip (see image below)

Batting 1 - 20cm x 30cm (8" x 12") cut one for each panel

REST OF THE RUNNER

Fabric H - 33cm x 84cm (13" x 33") backing (based on 5 panels) – **cut later (measure your joined panels first)**

8x12 (20cm x 30cm) Hoop

END PANEL LEFT

Fabric A - 25cm x 35cm (10" x 14") background

Fabric B - 23cm x 18cm (9" x 7") bottom large strip (see image below)

Fabric C - 23cm x 18cm (9" x 7") top large strip (see image below)

Fabric D - 20cm x 19cm (8" x 7.5") top middle strip (see image below)

Fabric E - 20cm x 20cm (8" x 8") bottom middle strip (see image below)

END PANEL RIGHT

Fabric A - 25cm x 35cm (10" x 14") background

Fabric B - 23cm x 18cm (9" x 7") top large strip (see image below)

Fabric C - 23cm x 18cm (9" x 7") bottom large strip (see image below)

Fabric D - 20cm x 19cm (8" x 7.5") bottom middle strip (see image below)

Fabric E - 20cm x 20cm (8" x 8") top middle strip (see image below)

MIDDLE 1 PANEL

Fabric A - 25cm x 35cm (10" x 14") background

Fabric B - 12cm x 41cm (4.5" x 16") middle strip (see image below)

Fabric C - 12cm x 41cm (4.5" x 16") strip behind middle strip (see image below)

Fabric D - 25cm x 18cm (10" x 7") bottom strip (see image below)

Fabric E - 25cm x 18cm (10" x 7") top strip (see image below)

MIDDLE 2 PANEL

Fabric A - 25cm x 35cm (10" x 14") background

Fabric B - 20cm x 13cm (8" x 5") top strip behind (see image below)

Fabric C - 20cm x 13cm (8" x 5") bottom strip behind (see image below)

Fabric D - 25cm x 19cm (10" x 7.5") middle top strip (see image below)

Fabric E - 25cm x 19cm (10" x 7.5") middle bottom strip (see image below)

Fabric F - 20cm x 18cm (8" x 7") top strip (see image below)

Fabric G - 20cm x 18cm (8" x 7") bottom strip (see image below)

Batting 1 - 25cm x 35cm (10" x 14") cut one for each panel

REST OF THE RUNNER

Fabric H - 38cm x 109cm (15" x 43") backing (based on 5 panels) – **cut later (measure your joined panels first)**

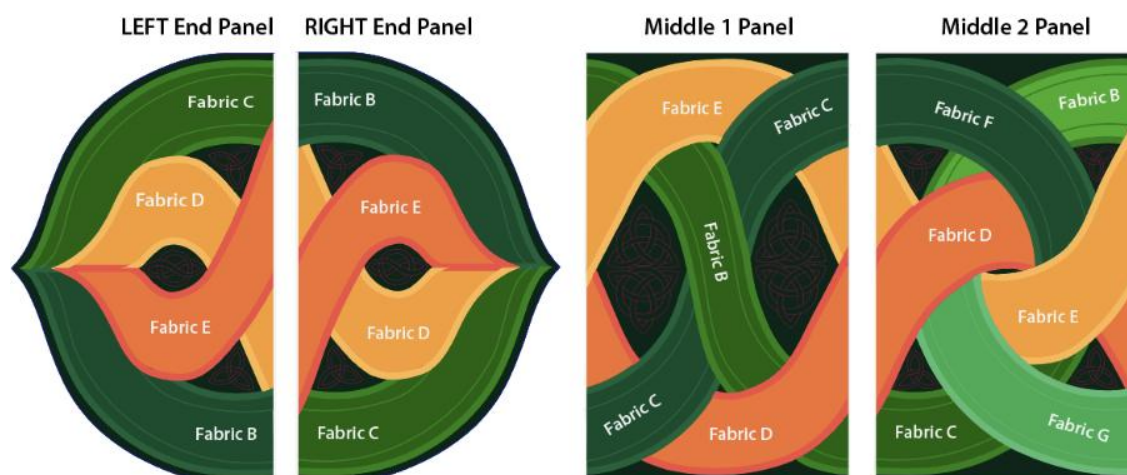
Finished dimensions (approx.): using our sample layout of 5 panels.

5x7 – 17cmW x 63.5cmL (6 ¾" x 25")

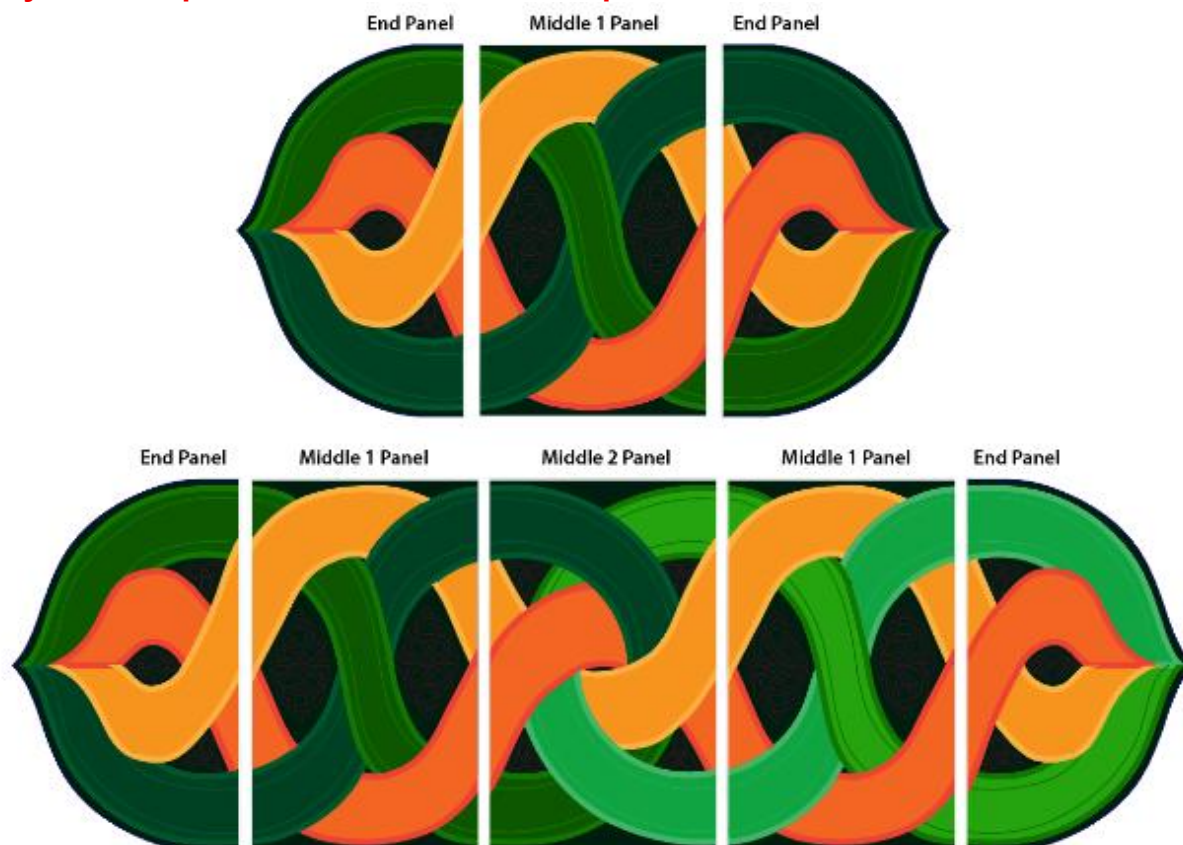
6x10 – 25cmW x 76cmL (9 ¾" x 30")

8x12 – 30cmW x 101.5cmL (11 ¾" x 40")

Diagram Of the Panels Included in the Runner



Layout examples with the three and five panel

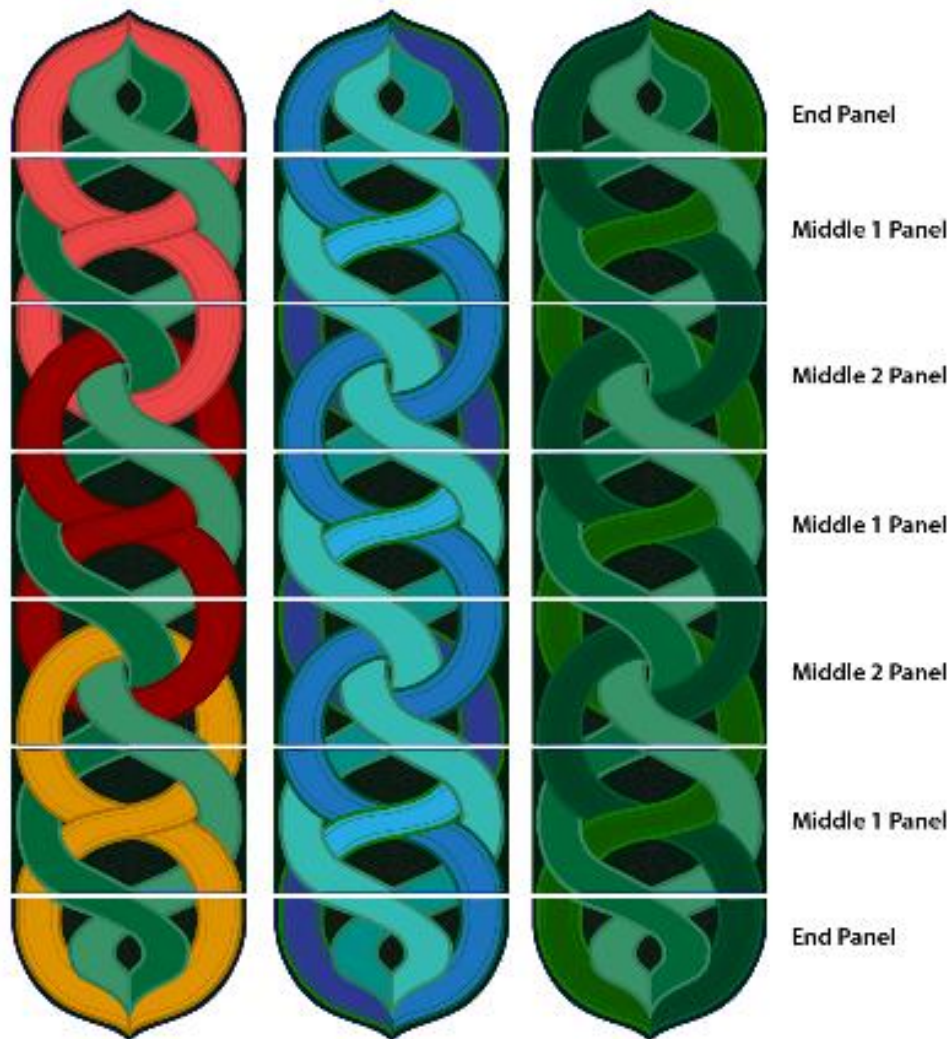


Repeat the Middle 1 Panel and Middle 2 Panel to make the runner longer

We Strongly encourage you to print out the panel images provided to plan your layout

LINK TO TUTORIAL AND LAYOUT EXPLANATION

<https://www.youtube.com/watch?v=qvdfbMt4Rro>



NOTE: If you have decided to make this project with Leather, Faux Leather, Vinyl, Cork, PVC (clear plastic) or any combination of these, please refer to our guide with extra tips on how use these materials here - <https://swpea.com.au/blogs/machine-embroidery-blogs/tips-when-using-pu-leather-in-machine-embroidery>

Sweet Pea Machine Embroidery Designs Design Files Disclaimer-

Please note to customers who use embroidery software to open our files. In doing so, you may run the risk of the design not stitching as intended by our digitiser's instructions.

We highly recommend that any design file purchased from us should be downloaded as per our "how to download our designs" instructions on our website and placed directly onto a USB/memory card and then placed directly onto the embroidery machine.

We will not be obligated to provide compensation to customers who have put our files through their software and the resulting stitch-out was not as intended.

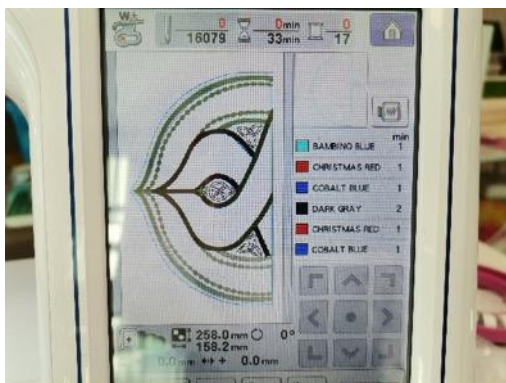
INSTRUCTIONS

USING YOUR EMBROIDERY MACHINE:

For tips on how to correctly hoop your stabiliser, go to <https://swpea.com/blogs/machine-embroidery-blogs/tips-for-stabiliser-in-the-hoop>. To check out our range of batting and stabilisers, click [HERE](#)

END PANEL LEFT

Hoop up **cutaway stabiliser** in the hoop. Load design onto your machine. Use applique scissors for trimming the batting and fabric.



STEP 1 Place **Batting 1** on top of the hoop. Stitch the batting down. Remove the hoop from your machine and trim the batting about 1-2mm from the stitching.



STEP 2 Stitch the placement lines for the background.



STEP 3 Place **Fabric A** right side up on top of the hoop covering the placement lines. Stitch down.



Remove the hoop from your machine and trim the fabric about 1-2mm from the stitching. Leave the excess fabric in the seams.



OPTIONAL: STEP 4 Embroider the motifs on the background.



STEPS 5 & 6 Repeat the applique process with the bottom large strip using **Fabric B**. Trim, leaving the excess fabric in the seam.



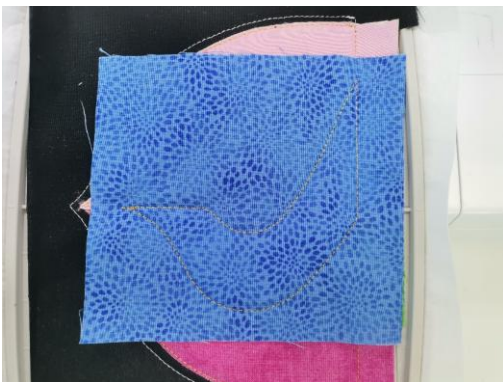
STEPS 7 & 8 Repeat the applique process with the top large strip using **Fabric C**. Trim, leaving the excess fabric in the seam.



STEPS 9 & 10 Repeat the applique process with the top middle strip using **Fabric D**. Trim, leaving the excess fabric in the seam.



STEPS 11 & 12 Repeat the applique process with the bottom middle strip using **Fabric E**. Trim, leaving the excess fabric in the seam.



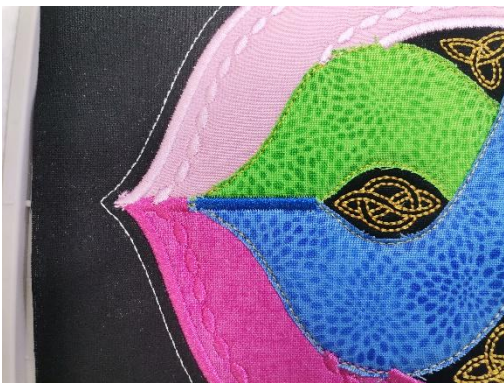
STEP 13 Embroider the decorative and satin stitch along the large bottom strip (dark pink applique).



STEP 14 Embroider the decorative and satin stitch along the large top strip (light pink applique).



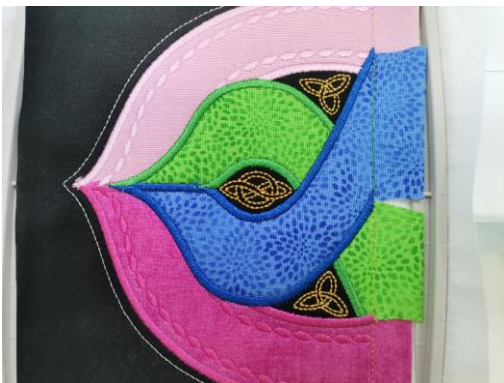
STEP 15 Embroider the satin stitch along the centre of the large strips.



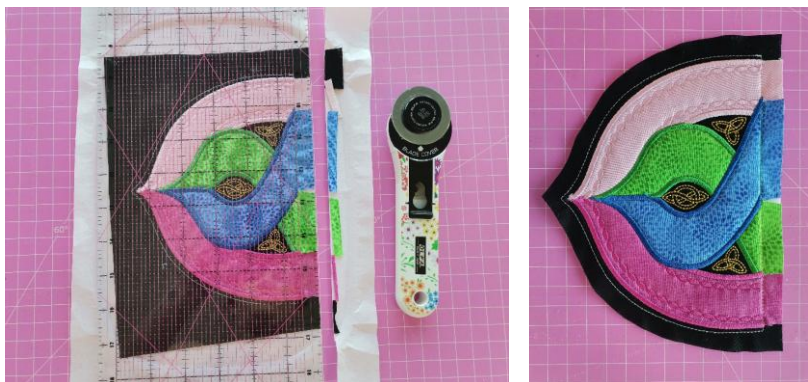
STEP 16 Embroider the satin stitch along the top middle strip (green applique).



STEP 17 Embroider the satin stitch along the bottom middle strip (blue applique).



Remove from the hoop and trim the seams to about ½ an inch. Hold aside until all your panels are made.



END PANEL RIGHT (this will be last panel in your layout, so you may want to stitch it last to ensure your fabric strips match)

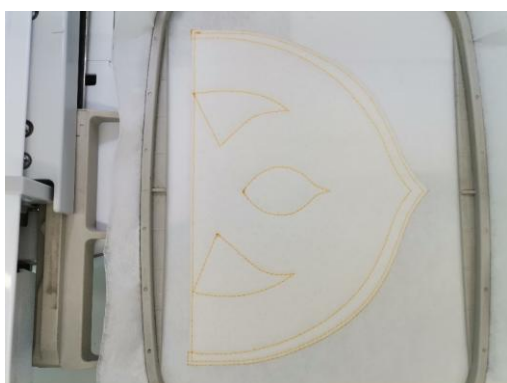
Hoop up **cutaway stabiliser** in the hoop. Load design onto your machine. Use applique scissors for trimming the batting and fabric.



STEP 1 Place **Batting 1** on top of the hoop. Stitch the batting down. Remove the hoop from your machine and trim the batting about 1-2mm from the stitching.



STEP 2 Stitch the placement lines for the background.



STEP 3 Place **Fabric A** right side up on top of the hoop covering the placement lines. Stitch down.



Remove the hoop from your machine and trim the fabric about 1-2mm from the stitching. Leave the excess fabric in the seams.



OPTIONAL: STEP 4 Embroider the motifs on the background.



STEPS 5 & 6 Repeat the applique process with the top large strip using **Fabric B**. Trim, leaving the excess fabric in the seam.



STEPS 7 & 8 Repeat the applique process with the bottom large strip using **Fabric C**. Trim, leaving the excess fabric in the seam.



STEPS 9 & 10 Repeat the applique process with the bottom middle strip using **Fabric D**. Trim, leaving the excess fabric in the seam.



STEPS 11 & 12 Repeat the applique process with the top middle strip using **Fabric E**. Trim, leaving the excess fabric in the seam.



STEP 13 Embroider the decorative and satin stitch along the large top strip (dark purple applique).



STEP 14 Embroider the decorative and satin stitch along the large bottom strip (light purple applique).



STEP 15 Embroider the satin stitch along the centre of the large strips.



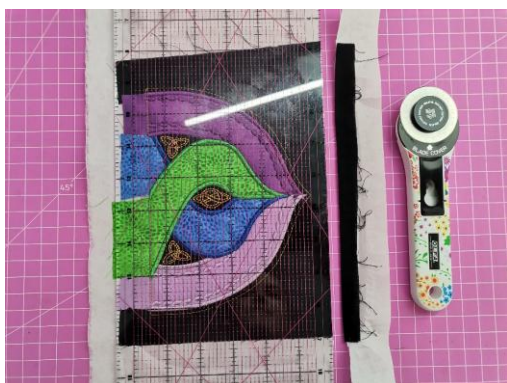
STEP 16 Embroider the satin stitch along the bottom middle strip (blue applique).



STEP 17 Embroider the satin stitch along the top middle strip (green applique).



Remove from the hoop and trim the seams to about ½ an inch. Hold aside until all your panels are made.



MIDDLE 1 PANEL

Hoop up **cutaway stabiliser** in the hoop. Load design onto your machine. Use applique scissors for trimming the batting and fabric.



STEP 1 Place **Batting 1** on top of the hoop. Stitch the batting down. Remove the hoop from your machine and trim the batting about 1-2mm from the stitching.



STEP 2 Stitch the placement lines for the background.



STEP 3 Place **Fabric A** right side up on top of the hoop covering the placement lines. Stitch down.



Remove the hoop from your machine and trim the fabric about 1-2mm from the stitching. Leave the excess fabric in the seams.



OPTIONAL: STEP 4 Embroider the motifs on the background.



STEPS 5 & 6 Repeat the applique process with the middle strip using **Fabric B**. Trim, leaving the excess fabric in the seams.



STEPS 7 & 8 Repeat the applique process with the strip behind middle strip using **Fabric C**. Trim, leaving the excess fabric in the seams.



STEPS 9 & 10 Repeat the applique process with the bottom strip using **Fabric D**. Trim, leaving the excess fabric in the seams.



STEPS 11 & 12 Repeat the applique process with the top strip using **Fabric E**. Trim, leaving the excess fabric in the seams.



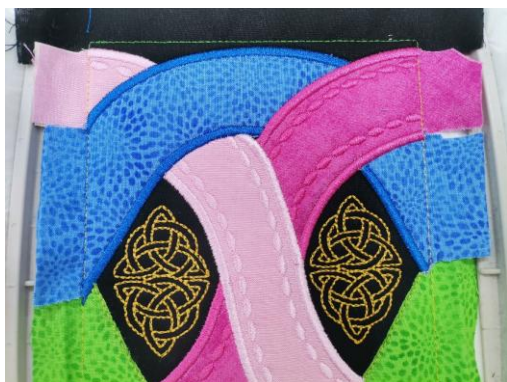
STEP 13 Embroider the decorative and satin stitch along the strip behind middle strip (dark pink applique).



STEP 14 Embroider the decorative and satin stitch along the middle strip (light applique).



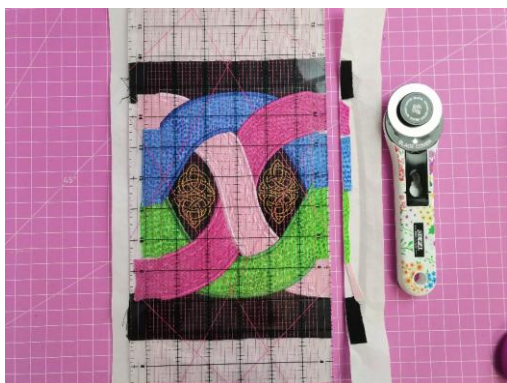
STEP 15 Embroider the satin stitch along the top strip (blue applique).



STEP 16 Embroider the satin stitch along the bottom strip (green applique).



Remove from the hoop and trim the seams to about ½ an inch. Hold aside until all your panels are made.



MIDDLE 2 PANEL

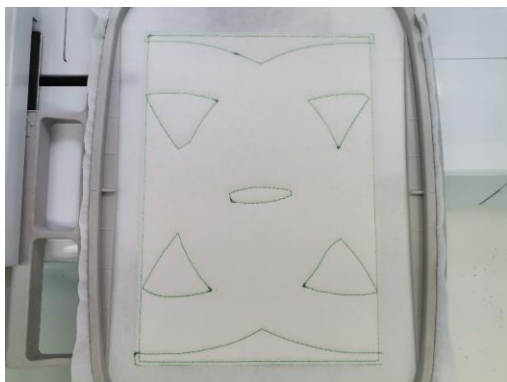
Hoop up **cutaway stabiliser** in the hoop. Load design onto your machine. Use applique scissors for trimming the batting and fabric.



STEP 1 Place **Batting 1** on top of the hoop. Stitch the batting down. Remove the hoop from your machine and trim the batting about 1-2mm from the stitching.



STEP 2 Stitch the placement lines for the background.



STEP 3 Place **Fabric A** right side up on top of the hoop covering the placement lines. Stitch down.



Remove the hoop from your machine and trim the fabric about 1-2mm from the stitching. Leave the excess fabric in the seams.



OPTIONAL: STEP 4 Embroider the motifs on the background.



STEPS 5 & 6 Repeat the applique process with the top strip behind using **Fabric B**. Trim, leaving the excess fabric in the seam.



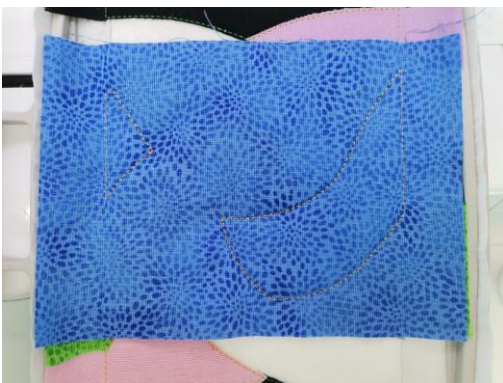
STEPS 7 & 8 Repeat the applique process with the bottom strip behind using **Fabric C**. Trim, leaving the excess fabric in the seams.



STEPS 9 & 10 Repeat the applique process with the middle top strip using **Fabric D**. Trim, leaving the excess fabric in the seams.



STEPS 11 & 12 Repeat the applique process with the middle bottom strip using **Fabric E**. Trim, leaving the excess fabric in the seams.



STEPS 13 & 14 Repeat the applique process with the top strip using **Fabric F**. Trim, leaving the excess fabric in the seam.



STEPS 15 & 16 Repeat the applique process with the bottom strip using **Fabric G**. Trim, leaving the excess fabric in the seam.



STEP 17 Embroider the decorative and satin stitch along the behind strip at the top (light purple applique).



STEP 18 Embroider the decorative and satin stitch along the behind strip at the bottom (light pink applique).



STEP 19 Embroider the satin stitch along the top middle strip (green applique).



STEP 20 Embroider the decorative and satin stitch along the strip at the top (dark pink applique).



STEP 21 Embroider the satin stitch along the bottom middle strip (blue applique).



STEP 22 Embroider the decorative and satin stitch along the strip at the bottom (dark purple applique).



Remove from the hoop and trim the seams to about ½ an inch. Hold aside until all your panels are made.



USING YOUR REGULAR SEWING MACHINE:

JOIN ALL THE PANELS

Layout your runner in order, with the long side of the panels together.



Place the first two panels right sides together.



Pin and stitch the side seam on your sewing machine. Stitch just inside the outer border line that is already stitched on the blocks, so the stitching will not be seen on the right side later.



Open the seams and iron them flat.

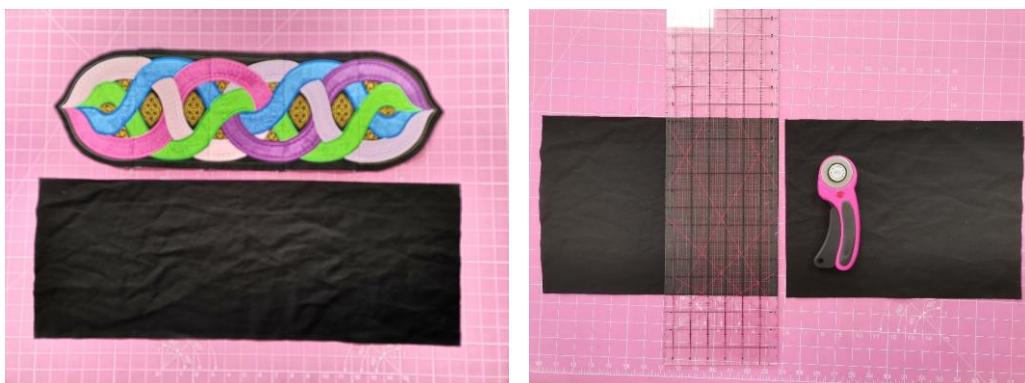


Continue joining the other panels in the same fashion.



CUT THE BACKING

Before cutting, measure the length and width of your table runner, ensuring there is about 1 inch of extra fabric on each side. Next, cut your piece of **Backing** to fit these dimensions, and then cut the piece in half. This will be used as the backing for your table runner.



Place the two pieces of **Backing** with right sides together on your table. Pin and stitch a $\frac{1}{2}$ " (12.5mm) seam along one long edge, leaving a 6" (15cm) gap in the middle to allow for turning the table runner right side out.



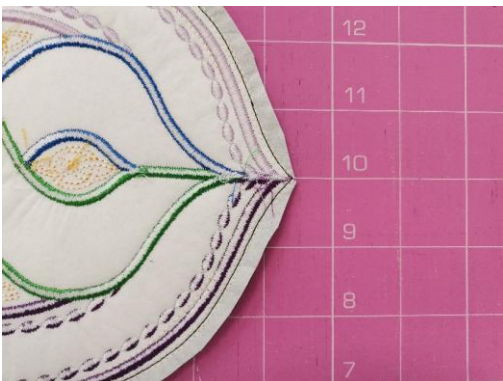
Press the seam open.



Place your sewn table runner on top of **Backing** right sides together. Lightly pin them together. Stitch just inside the outer border line that is already stitched on the blocks, so the stitching will not be seen on the right side later.



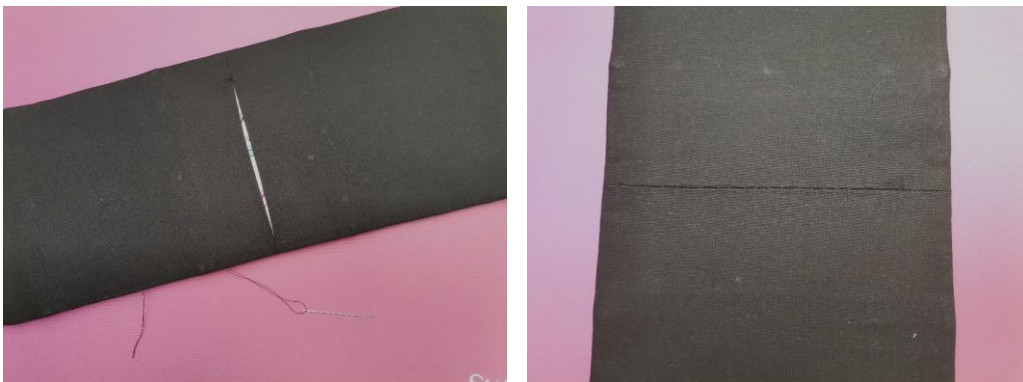
Trim the edges of your table runner to a ¼" (6mm) and clip the points.



Turn the right way out through the opening in the backing seam. Run the point of a chopstick or That Pink Thang along the seams on the inside; this will help the table runner to sit flat. Press firmly.



Hand stitch (or use fabric glue) the back opening closed.



Stitch in the ditch.



You have now finished your table runner. Enjoy!

