

# Book Stack Bookmarks



**Sweet Pea**  
MACHINE EMBROIDERY

## Bookstack Bookmark Set 5x7 6x10 Instructions

### FABRIC REQUIREMENTS:

**5x7 (13cm x 18cm) Hoop**

#### BOOK BOOKMARK

**Fabric A** – 10cm x 23cm (4" x 9") front

**Fabric B** – 5cm x 14cm (2" x 5.5") label

**Fabric C** – 10cm x 23cm (4" x 9") backing

**Batting 1 or/and Cutaway/Bag Stiffener** - 10cm x 23cm (4" x 9")

**Optional:** Ribbon/cord? – 23cmL (9")

#### FLORAL BOOKMARK

**Fabric A** – 10cm x 23cm (4" x 9") Background (won't be seen – will be hidden under flowers)

**Fabric B** – 6.5cm x 6.5cm (2.5" x 2.5") flower 2

**Fabric C** – 8cm x 8cm (3" x 3") flower 3

**Fabric D** – **cut 2** - 5cm x 5cm (2" x 2") flowers 4 & 5

**Fabric E** – **cut 2** – 6.5cm x 6.5cm (2.5" x 2.5") flowers 6 & 7

**Fabric F** – 10cm x 23cm (4" x 9") backing

**Batting 1 or/and Cutaway/Sweet Pea Essential-Text™ Bag Stiffener** - 10cm x 23cm (4" x 9")

#### TEACUP BOOKMARK

**Fabric A** – **cut 5** - 9cm x 6.5cm (3.5" x 2.5") Teacups 1-5

**Fabric B** – 9cm x 4cm (3.5" x 1.5") saucer

**Fabric C** – 10cm x 23cm (4" x 9") backing

**Batting 1 or/and Cutaway/Bag Stiffener** - 10cm x 23cm (4" x 9")

**4x4 (10cm x 10cm) Hoop**

#### OPTIONAL: TEABAG for TEACUP BOOKMARK

**Fabric A** – 6.5cm x 8cm (2.5" x 3") front

**Fabric B** – 6.5cm x 8cm (2.5" x 3") backing

**Batting 1 or/and Cutaway/Bag Stiffener** 6.5 cm 8cm (2.5" x 3")

**Ribbon or string.**

### **Finished dimensions (approx.):**

**Book Bookmark**– 5cmW x 18cmL (2"x 7")

**Floral Bookmark**– 6.5cmW x 18cmL (2.5"x 7")

**Teacup Bookmark**– 8.25cmW x 18cmL (3.25"x 7") **Teabag**– 2.5cmW x 4cmL (1"x 1.5")

**NOTE:** If you have decided to do this project with Leather, Faux Leather, Vinyl, Cork, PVC (clear plastic) or any combination of these, please refer to our guide with extra tips on how to use these materials here - <https://swpea.com.au/blogs/machine-embroidery-blogs/tips-when-using-pu-leather-in-machine-embroidery>

### **Sweet Pea Machine Embroidery Designs Design Files Disclaimer-**

Please note to customers who use embroidery software to open our files. In doing so, you may run the risk of the design not stitching as intended by our digitiser's instructions.

We highly recommend that any design file purchased from us be downloaded as per our "how to download our designs" instructions on our website, placed directly onto a USB/memory card, and then placed directly onto the embroidery machine.

We will not be obligated to compensate customers who have put our files through their software and the resulting stitch-out was not as intended.

## INSTRUCTIONS

### USING YOUR EMBROIDERY MACHINE:

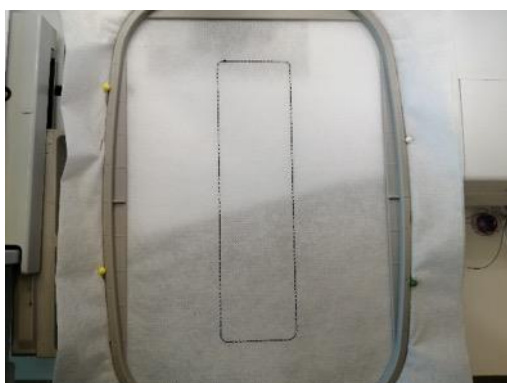
For tips on how to correctly hoop your stabiliser, go to <https://swpea.com/blogs/machine-embroidery-blogs/tips-for-stabiliser-in-the-hoop>

### BOOK BOOKMARK

Hoop a couple of layers of **soluble stabiliser** in the hoop you wish to use (the woven variety works the best). Load the design onto your machine. Use applique scissors to trim the batting and fabric.



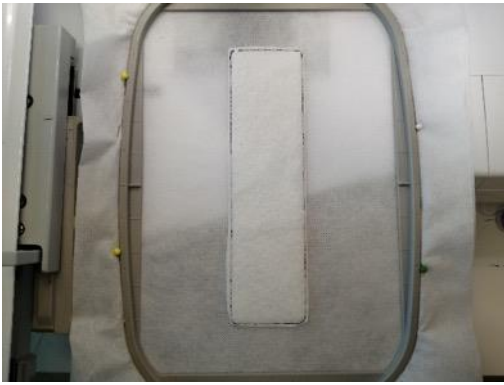
**STEP 1** Stitch the placement line for batting.



**STEP 2** Place **Batting 1** and optional cutaway or bag stiffener (underneath batting) on top of the hoop. Stitch the batting down.



Remove the hoop from your machine and trim the batting and stabiliser about 1-2mm from the stitching. You may find it easier to trim the batting first, then go back and trim the stabiliser second.



**STEP 3** Place **Fabric A** on top of the hoop covering the batting, Stitch down.



**STEP 4** Embroider the detailing at the book ends.



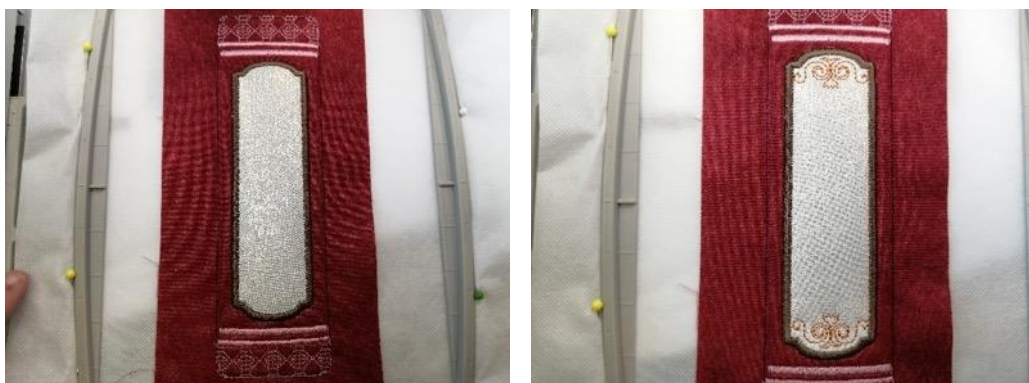
**STEP 5** Stitch the placement line for the label.



**STEP 6** Place **Fabric B** on top of the hoop covering the placement line. Stitch down. Trim.



**STEPS 7 & 8** Embroider the satin stitch around the label and then embroider the motifs at the ends of the label.



**Optional: STEP 9** Embroider the words "Read & Relax". **Note:** If you like, you can skip step 9 and add your own words here using your machines text settings. [https://youtu.be/k82b4Pa2ASU?si=5G2\\_sw1LERMNMvfZ](https://youtu.be/k82b4Pa2ASU?si=5G2_sw1LERMNMvfZ)



Remove the hoop from the machine and flip it over so the wrong side of the hoop is facing up. Trim any long threads.



Place **Fabric C** on top of the wrong side of the hoop covering the stitched area. Tape in place.



**STEP 10** Return the hoop to the machine. Stitch the fabric down.



Remove the hoop from your machine and trim **Fabric A** and **Fabric C** about 1-2mm from the stitching.



**STEP 11** Embroider the satin stitch around the bookmark. Ensure your bobbin thread matches your top thread.



**Optional: STEP 12** Embroider the eyelet. Ensure your bobbin thread matches your top thread.  
You only need to embroider this step if you wish to add a ribbon or trim to your bookmark.



Remove your work from the hoop. Trim away the excess stabiliser and any long threads.



Now dissolve the soluble stabiliser in water. Place the block in a bowl or tub of water, or another option that we found worked well was putting the blocks into the washing machine on a cold cycle. We suggest putting a colour catcher into the water with your block in case of any leaking colour dye. Soak the block until it does not feel sticky anymore. Allow to dry.



Use a pair of sharp scissors or a seam ripper to create a small hole within the embroidered eyelet. Now attach the ribbon or trim if using.

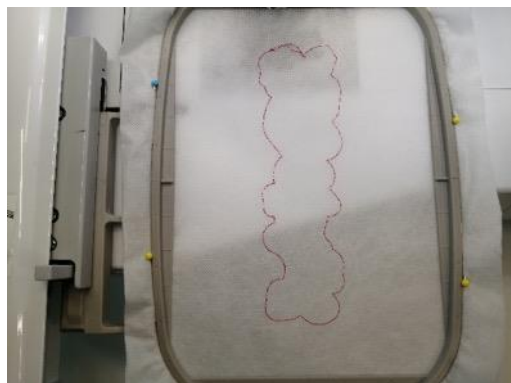


### FLORAL BOOKMARK

Hoop a couple of layers of **soluble stabiliser** in the hoop you wish to use (the woven variety works the best). Load the design onto your machine. Use applique scissors to trim the batting and fabric.



**STEP 1** Stitch the placement line for batting.



**STEP 2** Place **Batting 1** and optional cutaway or bag stiffener (underneath batting) on top of the hoop. Stitch the batting down.

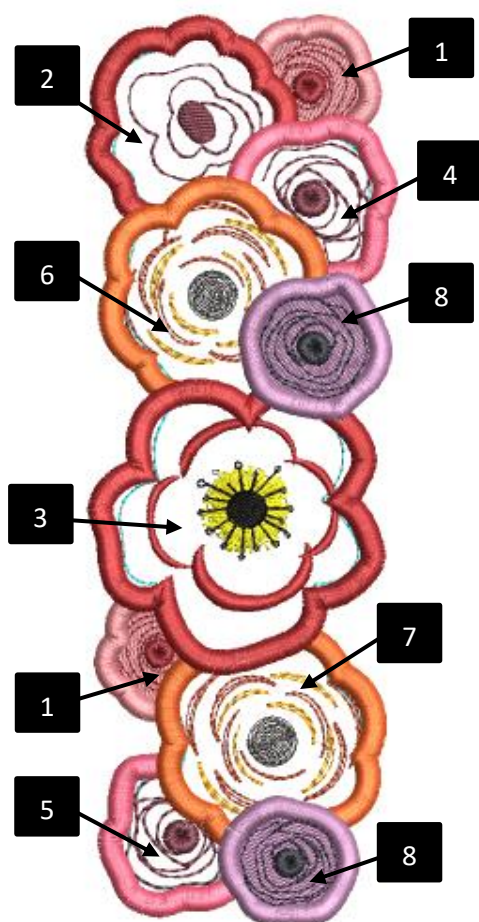


Remove the hoop from your machine and trim the batting and stabiliser about 1-2mm from the stitching. You may find it easier to trim the batting first, then go back and trim the stabiliser second.

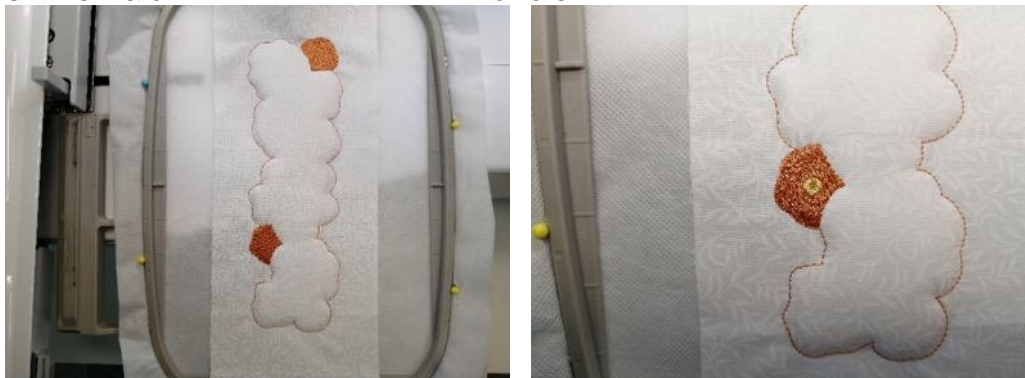
**STEP 3** Place **Fabric A** on top of the hoop covering the batting, Stitch down.



Use the flower diagram below for reference for the remaining steps.



**STEPS 4 & 5** Embroider the fill of both **Flowers 1** and then embroider their details and centres.





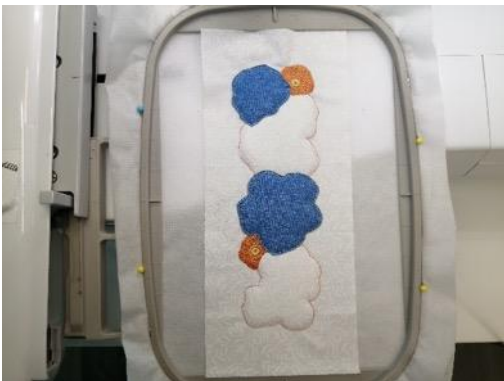
**STEP 6** Stitch the placement lines for **Flowers 2 & 3**.



**STEP 7** Place **Fabric B** on top of the hoop covering the placement line for **Flower 2**. Stitch down. Trim.



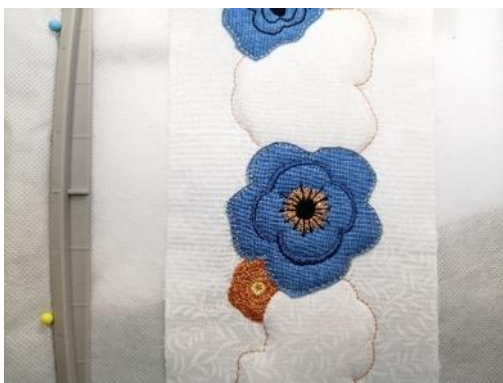
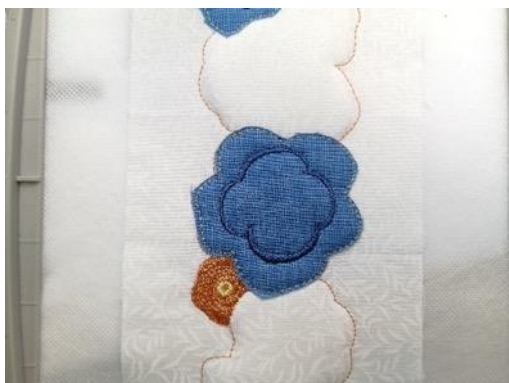
**STEP 8** Repeat the stitch down process for **Flower 3** using **Fabric C**. Trim.



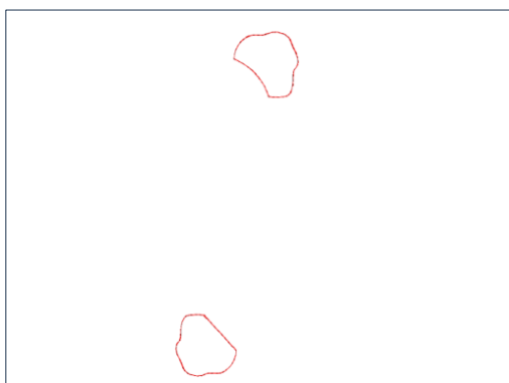
**STEP 9** Embroider the detailing and centres on **Flower 2**.



**STEP 10-12** Embroider the petals on **Flower 3**, then the centre and then the pollen.



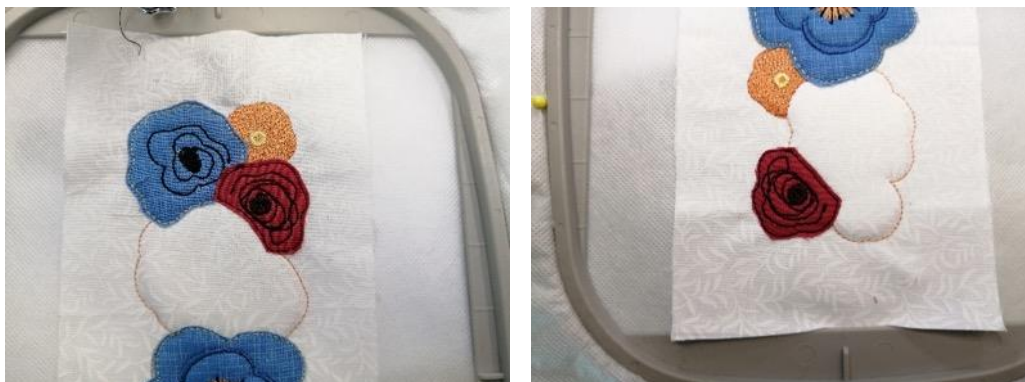
**STEP 13** Stitch the placement lines for **Flowers 4 & 5**.



**STEP 14 & 15** Repeat the stitch down process for **Flower 4** using one piece of **Fabric D**. Trim. Then repeat for **Flower 5** using the other piece of **Fabric D**. Trim.



**STEP 16** Embroider the detail and centres on **Flowers 4 & 5**.



**STEP 17** Stitch the placement lines for **Flowers 6 & 7**.



**STEP 18 & 19** Repeat the stitch down process for **Flower 6** using one piece of **Fabric E**. Trim. The repeat for **Flower 7** using the other piece of **Fabric E**. Trim.



**STEP 20-22** Embroider the centres on **Flowers 6 & 7**, then the first set of petals, and then the second.



Remove the hoop from the machine and flip it over so the wrong side of the hoop is facing up. Trim any long threads.



Place **Fabric F** on top of the wrong side of the hoop covering the stitching. Tape in place.



**STEP 23** Return the hoop to the machine. Stitch the fabric down.



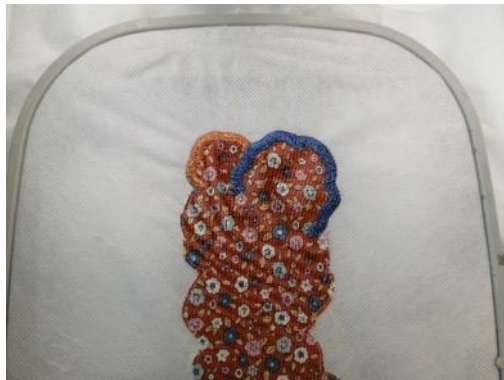
Remove the hoop from your machine and trim **Fabric F** and **Fabric A** about 1-2mm from the stitching.



**STEP 24** Embroider the satin stitch around both **Flower 1's**. Ensure your bobbin thread matches your top thread.



**STEP 25** Embroider the satin stitch around **Flower 2**. Ensure your bobbin thread matches your top thread.



**STEP 26** Embroider the satin stitch around both **Flowers 4 & 5**. Ensure your bobbin thread matches your top thread.



**STEP 27** Embroider the satin stitch around both **Flowers 6 & 7**. Ensure your bobbin thread matches your top thread.



**STEP 28** Embroider the satin stitch around both **Flower 3's**. Ensure your bobbin thread matches your top thread.



**STEPS 29-30** Embroider both **Flowers 8** and then the detail and centre on them. Ensure your bobbin thread matches your top thread.



Remove your work from the hoop. Trim away the excess stabiliser and any long threads.

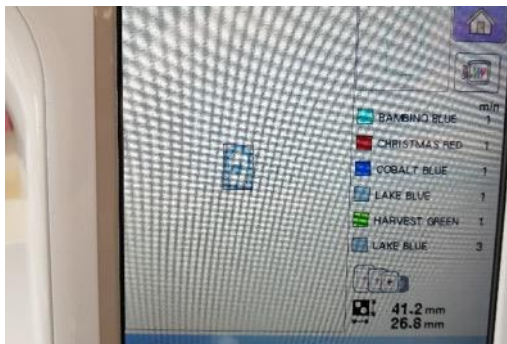


Now dissolve the soluble stabiliser in water. Place the block in a bowl or tub of water, or another option that we found worked well was putting the blocks into the washing machine on a cold cycle. We suggest putting a colour catcher into the water with your block in case of any leaking colour dye. Soak the block until it does not feel sticky anymore. Allow to dry.

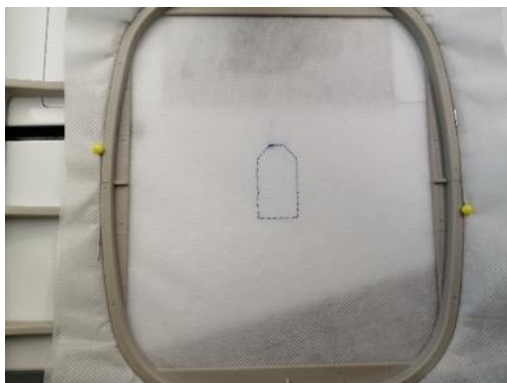


### **OPTIONAL TEABAG FOR TEACUP BOOKMARK – make first**

Hoop a couple of layers of **soluble stabiliser** in the hoop you wish to use (the woven variety works the best). Load the design onto your machine. Use applique scissors to trim the batting and fabric.



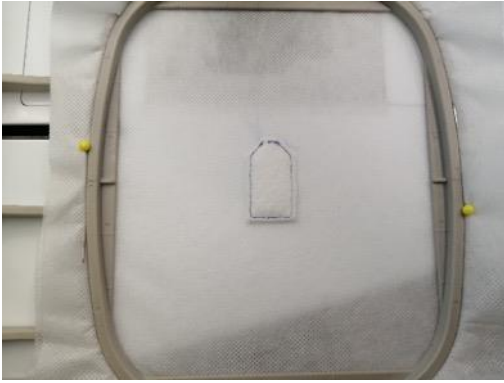
**STEP 1** Stitch the placement line for batting.



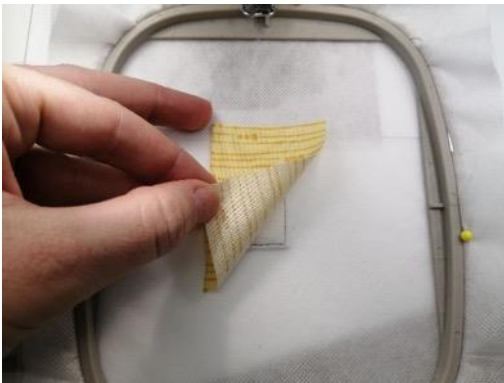
**STEP 2** Place **Batting 1** and optional cutaway or bag stiffener (underneath batting) on top of the hoop. Stitch the batting down.



Remove the hoop from your machine and trim the batting and stabiliser about 1-2mm from the stitching. You may find it easier to trim the batting first, then go back and trim the stabiliser second.



**STEP 3** Place **Fabric A** on top of the hoop covering the batting, Stitch down.



**Optional: STEP 4** Embroider the heart. **Note:** If you like, you can skip this step and add your own words here using your machines text settings. [https://youtu.be/k82b4Pa2ASU?si=5G2\\_sw1LERMNMvZ](https://youtu.be/k82b4Pa2ASU?si=5G2_sw1LERMNMvZ)



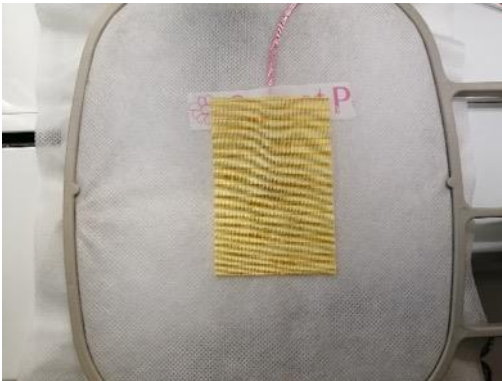
Remove the hoop from the machine and flip it over so the wrong side of the hoop is facing up. Trim any long threads.



Place one end of ribbon/string in the centre of the top of teabag with the excess towards the top of the hoop. Tape in place.



Place **Fabric B** on top of the wrong side of the hoop covering the stitching. Tape in place.



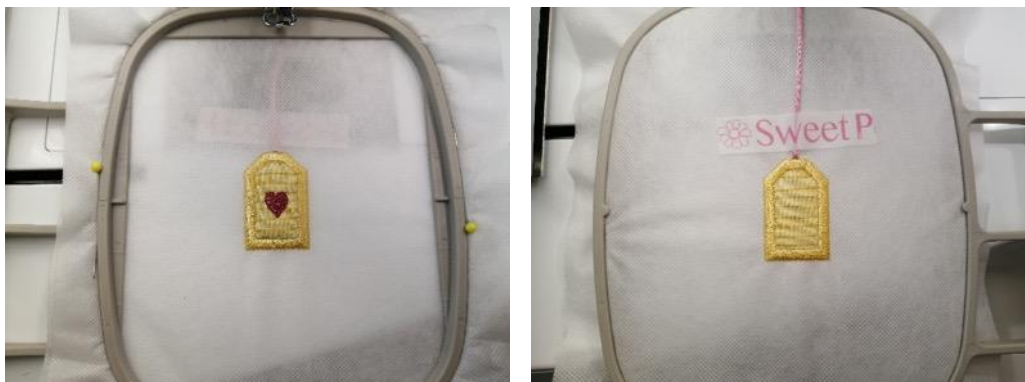
**STEP 5** Return the hoop to the machine. Before stitching, clip or tape the excess ribbon/cord to the stabiliser at the top of the hoop so it is out of the way while stitching. Stitch the fabric down.



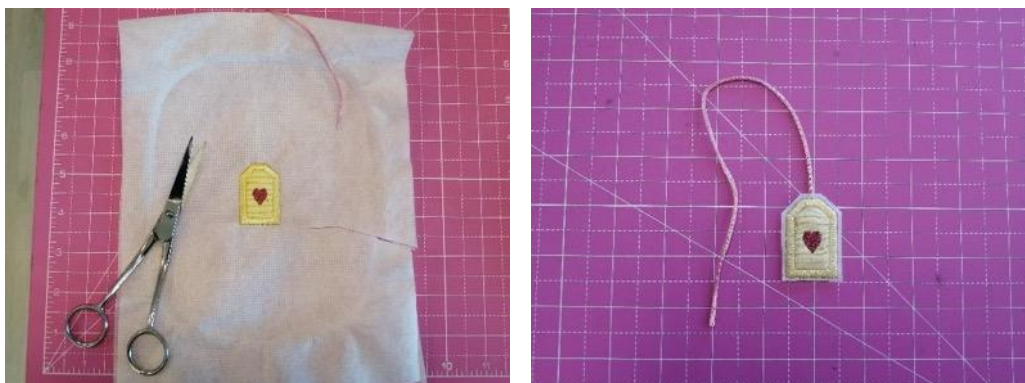
Remove the hoop from your machine and trim **Fabric A** and **Fabric B** about 1-2mm from the stitching.



**STEP 6** Embroider the satin stitch around the bookmark. Ensure your bobbin thread matches your top thread.



Remove your work from the hoop. Trim away the excess stabiliser and any long threads.



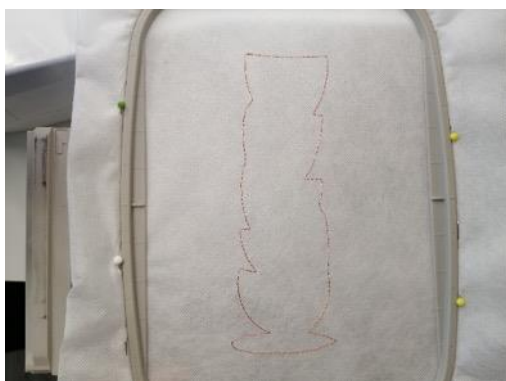
### TEACUP BOOKMARK

Hoop a couple of layers of **soluble stabiliser** in the hoop you wish to use (the woven variety works the best). Load the design onto your machine. Use applique scissors to trim the batting and fabric.



If you are using the optional teabag trim you will need to have that completed before you start.

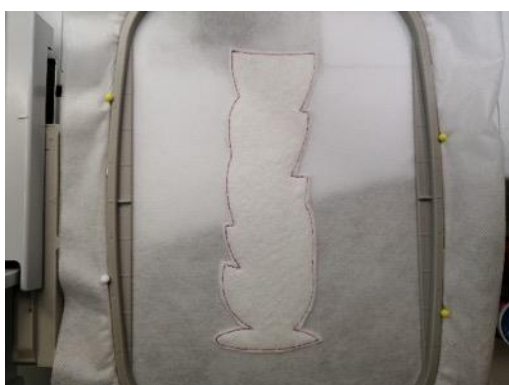
**STEP 1** Stitch the placement line for batting.



**STEP 2** Place **Batting 1** and optional cutaway or bag stiffener (underneath batting) on top of the hoop. Stitch the batting down.



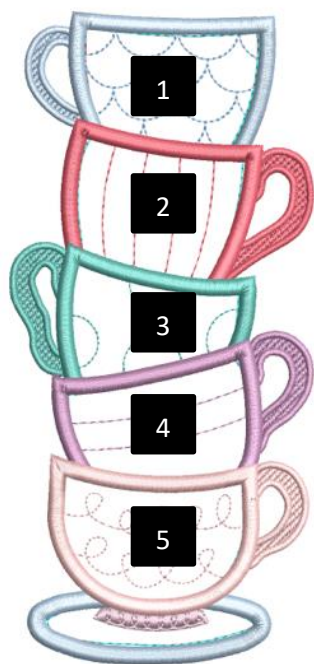
Remove the hoop from your machine and trim the batting and stabiliser about 1-2mm from the stitching. You may find it easier to trim the batting first, then go back and trim the stabiliser second.



**STEP 3** Stitch the placement lines for the teacups and saucer.



Use the diagram below for reference for the remaining steps.



**STEP 4** Place one piece of **Fabric A** on top of the hoop covering the placement line for **Teacup 1**, Stitch down. Trim.



**STEP 5-7** Repeat the stitch down process for **Teacups 2-4** with the other pieces of **Fabric A**. Trim.



**STEP 8** Repeat the stitch down process for the **Saucer** using **Fabric B**. Trim

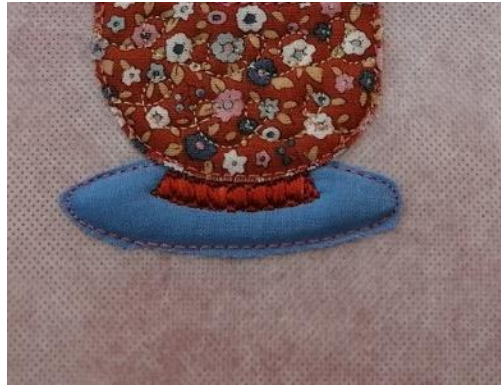


**STEP 9** Repeat the stitch down process for **Teacup 5** using the last piece of **Fabric A**. Trim



**STEPS 10-15** Embroider the motifs on **Teacups 1-5** in order. Then embroider the base of **Teacup 5**.





**OPTIONAL: STEP 16** Stitch the placement line for the teabag string. (For this step, we like to use a darker colour thread with matching bobbin, that way when we go to turn the hoop over you can see where the placement line is on the back of the hoop.



Remove the hoop from the machine and flip it over so the wrong side of the hoop is facing up. Trim any long threads.



**OPTIONAL:** If you are attaching the teabag trim to your bookmark, place the end of the ribbon/string cord? under on the back of the hoop crossing the placement line by 1/2". Tape in place.



Place **Fabric C** right side up, on top of the wrong side of the hoop, covering the stitching. Tape in place.



**STEP 17** Return the hoop to the machine. Stitch the fabric down. **OPTIONAL:** Before stitching, clip or tape the excess ribbon/cord and teabag tag to the stabiliser on the front of the hoop, so it is out of the way while stitching.



Remove the hoop from your machine and trim **Fabric C** about 1-2mm from the stitching.  
**IMPORTANT:** If using the teabag trim take care not to cut the string/cord when trimming the **Fabric C**.



**STEP 18** Embroider the satin stitch and handle of **Teacup 1**. Ensure your bobbin thread matches your top thread.



**STEP 19-21** Embroider the satin stitch and handle of **Teacups 2-4**. Ensure your bobbin thread matches your top thread.



**STEP 22** Embroider the satin stitch around the **Saucer**. Ensure your bobbin thread matches your top thread.



**STEP 23** Embroider the satin stitch and handle of **Teacup 5**. Ensure your bobbin thread matches your top thread.



Remove your work from the hoop. Trim away the excess stabiliser and any long threads.



Now dissolve the soluble stabiliser in water. Place the block in a bowl or tub of water, or another option that we found worked well was putting the blocks into the washing machine on a cold cycle. We suggest putting a colour catcher into the water with your block in case of any leaking colour dye. Soak the block until it does not feel sticky anymore. Allow to dry.



Your bookmarks are now ready to use. Enjoy!

