

Stark Contrast Quilt

4x4 5x5 6x6 7x7 8x8



Sweet Pea
MACHINE EMBROIDERY

Stark Contrast Quilt 4x4 5x5 6x6 7x7 and 8x8 Instructions

FABRIC REQUIREMENTS

4x4 (10cm x 13cm) Hoop

ALL 10 BLOCKS

Fabric A - 15cm x 15cm (6" x 6") background

Fabric B - 12cm x 12cm (4.5" x 4.5") applique

BORDERS 1, 2 AND 3 (MAKES TWO PER HOOPING)

Fabric A - 15cm x 15cm (6" x 6") one background **OR cut 2 x** 6.5cm x 15cm (2.5" x 6") alternating backgrounds

Fabric B - cut **2 x** 5cm x 12cm (2" x 4.5") applique

CORNERS (MAKES FOUR PER HOOPING)

Fabric A - 15cm x 15cm (6" x 6") one background **OR cut 2 x** 15cm x 6.5cm (6" x 2.5") alternating background

Fabric B - 12cm x 12cm (4.5" x 4.5") applique **OR cut 2 x** 12cm x 5cm (4.5" x 2") alternating applique

Batting 1 - 15cm x 15cm (6" x 6") cut one for each block

REST OF THE QUILT (MEASURE YOUR QUILT FIRST)

OPTIONAL: Borders and border batting

Backing

5x5 (13cm x 13cm) Hoop

ALL 10 BLOCKS

Fabric A - 18cm x 18cm (7" x 7") background

Fabric B - 14cm x 14cm (5.5" x 5.5") applique

BORDERS 1, 2 AND 3 (MAKES TWO PER HOOPING)

Fabric A - 18cm x 18cm (7" x 7") one background **OR cut 2 x** 6.5cm x 18cm (2.5" x 7") alternating backgrounds

Fabric B - cut **2 x** 6.5cm x 14cm (2.5" x 5.5") applique

CORNERS (MAKES FOUR PER HOOPING)

Fabric A - 18cm x 18cm (7" x 7") one background **OR cut 2 x** 18cm x 6.5cm (7" x 2.5") alternating background

Fabric B - 14cm x 14cm (5.5" x 5.5") applique **OR cut 2 x** 14cm x 6.5cm (5.5" x 2.5") alternating applique

Batting 1 - 18cm x 18cm (7" x 7") cut one for each block

REST OF THE QUILT (MEASURE YOUR QUILT FIRST)

OPTIONAL: Borders and border batting

Backing

6x6 (16cm x 16cm) and 150mm x 150mm Hoop

ALL 10 BLOCKS

Fabric A - 20cm x 20cm (8" x 8") background

Fabric B - 17cm x 17cm (6.5" x 6.5") applique

BORDERS 1, 2 AND 3 (MAKES TWO PER HOOPING)

Fabric A - 20cm x 20cm (8" x 8") one background **OR cut 2 x** 12cm x 20cm (4.5" x 8") alternating background

Fabric B - cut **2 x** 6.5cm x 15cm (2.5" x 6") applique

CORNERS (MAKES FOUR PER HOOPING)

Fabric A - 20cm x 20cm (8" x 8") one background **OR cut 2 x** 20cm x 12cm (8" x 4.5") alternating background

Fabric B - 17cm x 17cm (6.5" x 6.5") applique **OR cut 2 x** 17cm x 6.5cm (6.5" x 2.5") alternating applique

Batting 1 - 20cm x 20cm (8" x 8") cut one for each block

REST OF THE QUILT (MEASURE YOUR QUILT FIRST)

OPTIONAL: Borders and border batting

Backing

7x7 (18cm x 18cm) Hoop

ALL 10 BLOCKS

Fabric A - 23cm x 23cm (9" x 9") background

Fabric B - 19cm x 19cm (7.5" x 7.5") applique

BORDERS 1, 2 AND 3 (MAKES TWO PER HOOPING)

Fabric A - 23cm x 23cm (9" x 9") one background **OR cut 2 x** 8cm x 23cm (3" x 9") alternating backgrounds

Fabric B - **cut 2 x** 8cm x 19cm (3" x 7.5") applique

CORNERS (MAKES FOUR PER HOOPING)

Fabric A - 23cm x 23cm (9" x 9") one background **OR cut 2 x** 23cm x 8cm (9" x 3") alternating background

Fabric B - 19cm x 19cm (7.5" x 7.5") applique **OR cut 2 x** 19cm x 8cm (7.5" x 3") alternating applique

Batting 1 - 23cm x 23cm (9" x 9") cut one for each block

REST OF THE QUILT (MEASURE YOUR QUILT FIRST)

OPTIONAL: Borders and border batting

Backing

8x8 (20cm x 120cm) Hoop

ALL 10 BLOCKS

Fabric A - 25cm x 25cm (10" x 10") background

Fabric B - 22cm x 22cm (8.5" x 8.5") applique

BORDERS 1, 2 AND 3 (MAKES TWO PER HOOPING)

Fabric A - 25cm x 25cm (10" x 10") one background **OR cut 2 x** 9cm x 25cm (3.5" x 10") alternating backgrounds

Fabric B - **cut 2 x** 9cm x 22cm (3.5" x 8.5") applique

CORNERS (MAKES FOUR PER HOOPING)

Fabric A - 25cm x 25cm (10" x 10") one background **OR cut 2 x** 25cm x 9cm (10" x 3.5") alternating background

Fabric B - 22cm x 22cm (8.5" x 8.5") applique **OR cut 2 x** 22cm x 9cm (8.5" x 3.5") alternating applique

Batting 1 - 25cm x 25cm (10" x 10") cut one for each block

REST OF THE QUILT (MEASURE YOUR QUILT FIRST)

OPTIONAL: Borders and border batting

Backing

NOTE: If you have decided to do this project with Leather, Faux Leather, Vinyl, Cork, PVC (clear plastic) or any combination of these, please refer to our guide with extra tips on how to use these materials here - <https://swpea.com.au/blogs/machine-embroidery-blogs/tips-when-using-pu-leather-in-machine-embroidery>

Sweet Pea Machine Embroidery Designs Design Files Disclaimer-

Please note to customers who use embroidery software to open our files. In doing so, you may run the risk of the design not stitching as intended by our digitiser's instructions.

We highly recommend that any design file purchased from us be downloaded as per our "how to download our designs" instructions on our website, placed directly onto a USB/memory card, and then placed directly onto the embroidery machine.

We will not be obligated to compensate customers who have put our files through their software and the resulting stitch-out was not as intended.

No final dimensions are included for this quilt design as it is intended for you to make it as you would like. Please keep in mind that our quilt is a sample size only.

WORKING OUT FABRIC REQUIREMENT

BLOCKS - Work out how many blocks you have in your quilt. Then multiply it by the required background fabric for your size block. This method can also calculate the other fabrics in each block.

FLAT PIPING – Measure the edge length on which you wish to put flat piping. We used 1 ¼” (3cm) strips and folded the fabric in half widthways, ensuring the raw edges sit precisely on each other. NOTE: The flat piping strips should not have any joins, as this will cause them to look uneven when finished.

BORDERS - If you want borders, first decide how wide you would like them.

- Measure one side of the quilt (through the middle of the blocks to give a more average measurement)
- Cut two strips of border fabric this length.
- Cut two pieces of batting to match.
- Now measure one of the alternate sides (including the new border width x 2 in your measurement).
- Cut two strips of border fabric this length x your width.
- Cut two pieces of batting to match.

BACKING - The size depends on how big you intend to make your quilt.

To calculate, use your hoop size and multiply that by the number of blocks you have. Add the width of your borders to the length and the width of the quilt.

BINDING - Measure the finished length and width of the quilt (including borders), add them together, and multiply by two. Add extra length if you are joining strips - about four inches (10cm) per strip. We generally use 3” (8cm) strips, but the width is optional.

BACKING BINDING - Measure the finished length and width of the quilt (including borders). You will need an excess of around 2” (5cm) on each side. Once attached (wrong sides together), trim your sides to 1 ¼” (3cm). Working from the front, press over the cut edge twice to form a faux binding finish, mitring each corner as you go.

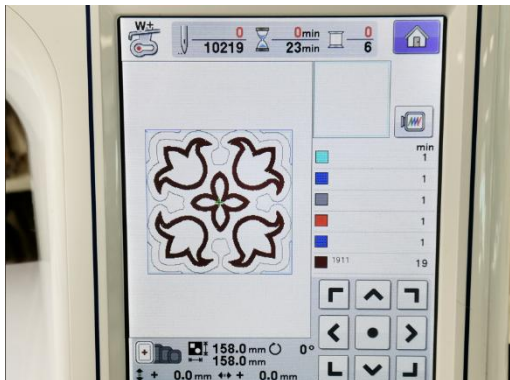
INSTRUCTIONS

USING YOUR EMBROIDERY MACHINE:

For tips on how to correctly hoop your stabiliser, go to <https://swpea.com/blogs/machine-embroidery-blogs/tips-for-stabiliser-in-the-hoop>

ALL 10 BLOCKS FOLLOW THE SAME PROCESS

Hoop up **cutaway stabiliser** in the hoop. Load the design onto your machine. Use applique scissors for trimming the batting and fabric.



STEP 1 Place **Batting 1** on top of the hoop. Stitch the batting down.



Remove the hoop from your machine and trim the batting about 1-2mm from the stitching.



STEP 2 Place **Fabric A** right side up on top of the hoop covering the batting. Stitch down.



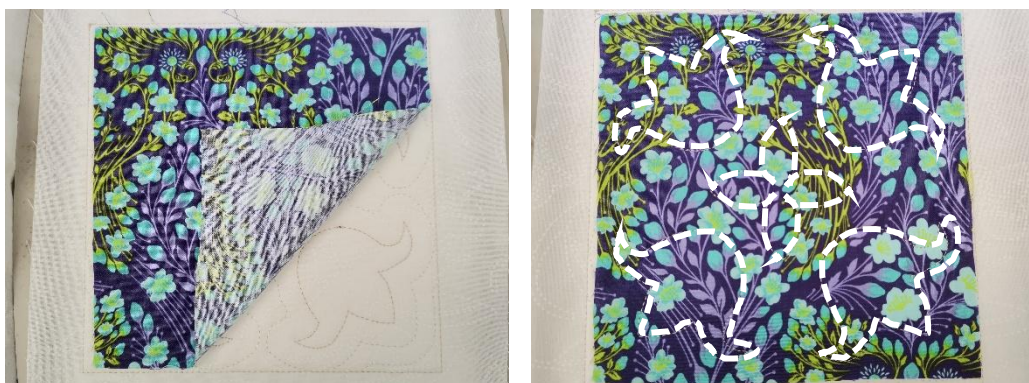
STEP 3 Stitch the quilting.



STEP 4 Stitch the placement line for the applique.



STEP 5 Place **Fabric B** on top of the hoop right side up covering the placement line. Stitch down.



Remove the hoop from your machine and trim the fabric about 1-2mm from the stitching.



STEP 6 Embroider the satin stitch around the applique.

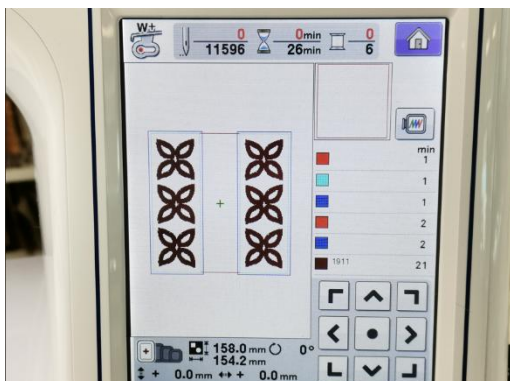


Remove from the hoop and trim the seams to about ½ an inch. Hold aside until all your blocks are made.

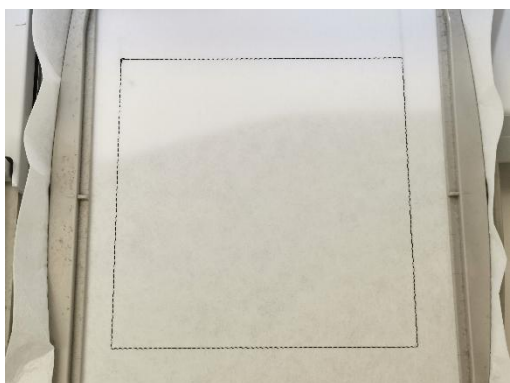


BORDER BLOCKS (MAKES TWO PER HOOPING) ALL 3 VERSIONS FOLLOW THE SAME STEPS

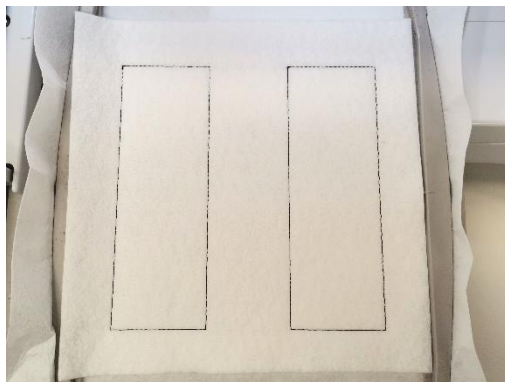
Hoop up **cutaway stabiliser** in the hoop. Load the design onto your machine. Use applique scissors for trimming the batting and fabric.



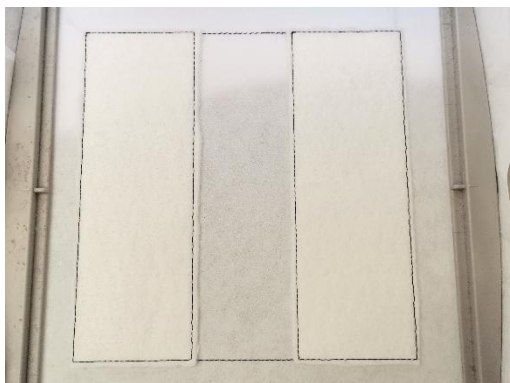
STEP 1 Stitch the placement line for the batting.



STEP 2 Place **Batting 1** on top of the hoop covering the placement line. Stitch the batting down.



Remove the hoop from your machine and trim the batting about 1-2mm from the stitching.



STEP 3 Place **Fabric A** right side up on top of the hoop covering the batting. Stitch down.



STEP 4 Stitch the placement lines for the applique.



STEP 5 Place **Fabric B** on top of the hoop covering the placement lines. Stitch down.



Trim the fabric about 1-2mm from the stitching.



STEP 6 Embroider the satin stitch around the applique.

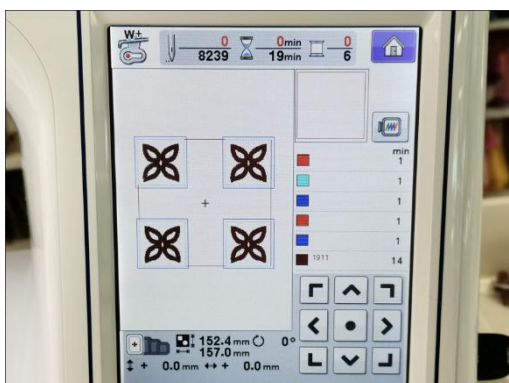


Remove from the hoop and trim the seams to about ½ an inch. Hold aside until all your blocks are made.

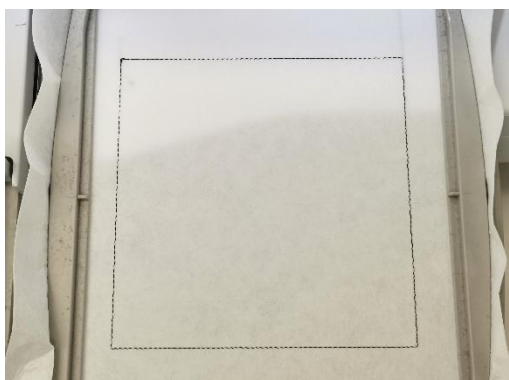


CORNER BLOCKS (MAKES FOUR PER HOOPING)

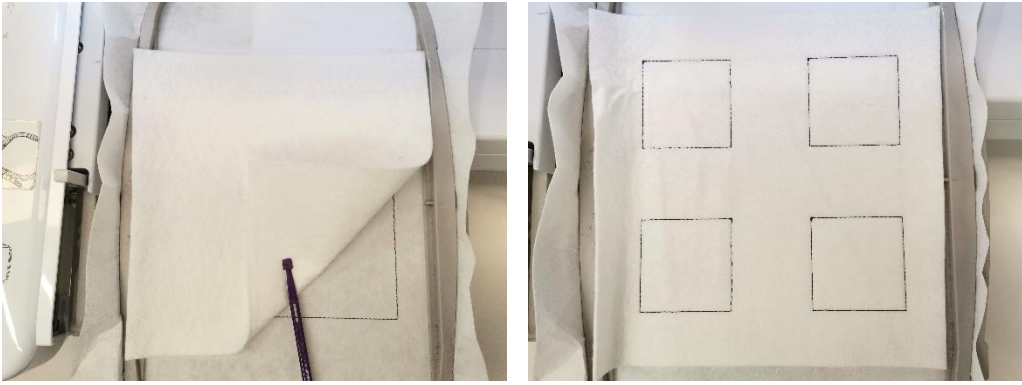
Hoop up **cutaway stabiliser** in the hoop. Load the design onto your machine. Use applique scissors for trimming the batting and fabric.



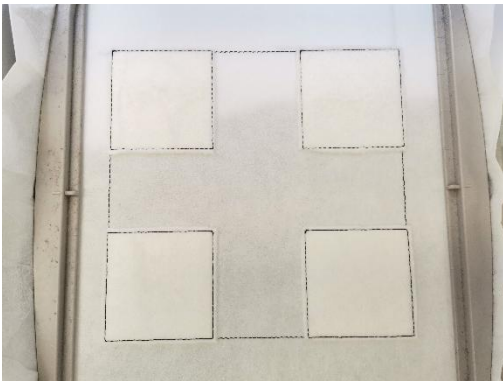
STEP 1 Stitch the placement line for the batting.



STEP 2 Place **Batting 1** on top of the hoop covering the placement line. Stitch the batting down.



Remove the hoop from your machine and trim the batting about 1-2mm from the stitching.



STEP 3 Place **Fabric A** right side up on top of the hoop covering the batting. Stitch down.



STEP 4 Stitch the placement lines for the applique.



STEP 5 Place **Fabric B** on top of the hoop covering the placement lines. Stitch down. Trim.



STEP 6 Embroider the satin stitch around the applique.



Remove from the hoop and trim the seams to about ½ an inch. Hold aside until all your blocks are made.



USING YOUR REGULAR SEWING MACHINE:

JOINING THE BLOCKS

Lay out your blocks on a flat surface and decide on your layout.



Start by joining the blocks in rows.



Place the first two blocks **right sides** together.



Pin and stitch the side seam on your sewing machine. Stitch just inside the outer border line that is already stitched on the blocks, so the stitching will not be seen on the right side later.



Continue this until you have joined the remaining blocks in that row together.



Open out the stitched seams and iron flat.



Continue this until you have each horizontal row of blocks joined.



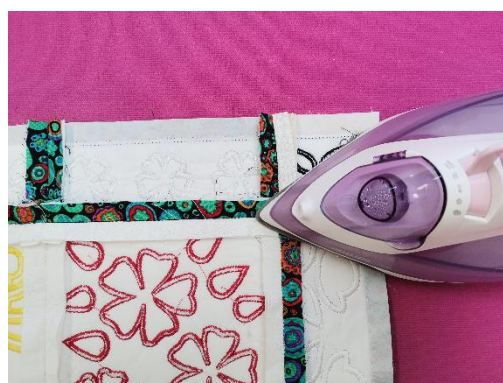
Next, join the horizontal rows to each other by placing the first two rows right sides together.



Pin and stitch the seams on your sewing machine. Stitch just inside the border is already stitched on the blocks, so the stitching will not be seen on the right side later.



Continue this until you have joined all the horizontal rows together. Open out the stitched seams and iron flat. If needed, trim the edges to make them even.



CREATING THE BACK AND BINDING OF THE QUILT

Place **Backing/Binding fabric** on your table, the wrong side facing up. Then place your sewn quilt right side up, on top of the **Backing/Binding fabric**. Pin them together. **Optional – You can spray them together with temporary adhesive.**



To keep the quilt's layers together, we can **“stitch in the ditch.”** This process will help keep the seams flat during the laundering process and will keep it flat during its lifetime.



NOTE: Stitching in the ditch gives an invisible finish on the front, and the stitching lines are only visible on the reverse of the quilt. **Ensure the bobbin thread on the underside of the quilt matches the fabric and the top thread on the top of the quilt is invisible thread.** Decide which seams need ditch stitching on the quilt. Not every seam needs to be stitched; choosing the main seams to hold the central blocks flat is acceptable.

Trim the excess backing so it is precisely 1¼” (3cm) bigger than the quilt. **THIS EXTRA FABRIC WILL BE USED AS THE BINDING.**



Starting on any side, fold the backing fabric in half and then fold it in half again, ensuring you fold it just over your seam stitching and then pin (we started pinning in the middle). Continue pinning your binding until you reach your first corner.



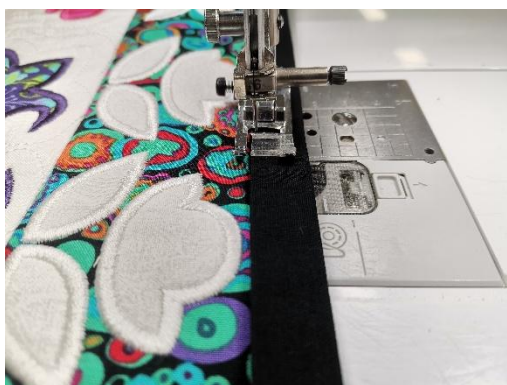
Try to make a nice, mitred corner when you get to the corner. Turn your binding in at the corner and continue folding the same way as we did for the first side of the binding. You can iron your folds as you go if this helps with your mitred corners. Fold a final time and pin the corner in place.



Continue pinning right around the quilt.



Starting anywhere, sew the binding to the quilt just inside the folded edge of the binding. We suggest you change your bobbin thread to match your backing.



When you reach the corner, leave your needle down, lift the foot, and rotate the quilt. Put the foot down and continue stitching until you are right around the quilt.



Press.



Enjoy your quilt!

